SIXTH SUNDAY IN ORDINARY TIME (B) World day for the Sick, and Day of Prayer for the Unemployed				
Saturday 10 th	Monkwick	5.00 pm	Giovanni + Eugenia Dimech RIP	
Sunday 11 th	Church	8.00 am	Ints: Jimmy Clarin	
	Church	10.30 am	Anniversary: Oksana Zakhleniuk RIP	
	Church	2.00 pm	Polish Mass	
	Church	6.30 pm	Private Intention	
	West Mersea	8.30 am	Parishioners	
	Mile End	$9.30 \ am$	Theo & Ria Tinneveld RIP	
Monday 12 th			Feria	
	Church	9.30 am	Frederick, Elizabeth + Angelo Lucas	
Tuesday 13 th			Feria	
	Church	$9.30 \ \text{am}$	Thanksgiving (JRJ)	
Wednesday 14 ^t			ASH WEDNESDAY	
	West Mersea	9.00 am	Joan Kerrins RIP	
	Church	$9.30 \ \text{am}$	Mrs Margaret Barker RIP	
	Church	12.15 pm	Private Intention	
	Church	1.45 pm	Funeral Service: Maureen Jobber RIP	
	Monkwick	6.30 pm	Polish Mass	
-	Church	7.30 pm	Private Intention	
Thursday 15 th			Thursday after Ash Wednesday	
	Church	9.30 am	Canon John Bloomfield	
Friday 16th			Friday after Ash Wednesday	
	Church	9.30 am	Ints: Pope Francis	
	Church	12.30 pm	Stations of the Cross	
Saturday 17 th	0, ,		Saturday after Ash Wednesday	
	Church	9.30 am	Donors Intention	
FIRST SUNDAY OF LENT (B)				
Saturday 17 th	Monkwick	$5.00~\mathrm{pm}$	Joan Kerrins RIP	
Sunday 18 th	Church	8.00 am	Private Intention	
	Church	10.30 am	Mr Ong RIP	
	Church	2.00 pm	Polish Mass	
	Church	6.30 pm	Maureen Gallagher RIP	
	West Mersea	$8.30 \ \text{am}$	Parishioners	
	Mile End	$9.30\mathrm{am}$	Private Intention	

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- Sacrament of Reconciliation (Confession) Saturdays after 9.30_{am} Mass (Priory Street) and after 5.00_{pm} Mass (Monkwick).
- Church Loop System: Please note that the Church loop system serves all the seats in the centre Nave but not the aisles or the chancel.
- > Cardinal Bourne Hall Enquiries/Bookings: olchester@broat.org
- SVP (St Vincent de Paul Society):Tel: 07493 439427/email: colchestersvp@gmail.com

Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to <u>like</u> & <u>follow</u> our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Mgr. Christopher Brooks Assistant Priest: Fr. Philip Okoli

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317 E-Mail: colchester@brcdt.org

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Website: www.stjamesthelessandsthelen.org

St James the Less and St Helen RC Church, Colchester

SIXTH SUNDAY IN ORDINARY TIME (B)

World day for the Sick, and Day of Prayer for the Unemployed

Week commencing 11th February 2024

'...whatever you do at all, do it for the glory of God.' If only we remembered to take St. Paul's advice and acted on it daily! There is something similar at the beginning of every Preface in Mass, we agree that always and everywhere we should give thanks to God. We are again facing the matter of doing God's will. The saints, from all walks of life, ages etc, grew in holiness by giving glory and thanks to God. We are often pulled in the opposite direction, acting according to the world about us. It is so easy to make the mistake of rejoicing when the world rejoices and sorrowing when the world is sorrowful, all in line with the spirit of the world – pride, envy, greed etc. As Catholics, born again in Baptism, our joyful task is to live more and more in the Spirit of God, the Holy Spirit. The world would judge that what I now write as too sombre, but I'll write it nevertheless. What will we deem most important in our final moments, if we are blessed enough not to have a sudden and unprovided death?

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 _{am}
DAILY	Morning Prayer	at 9.15 _{am}
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm



THE POPE'S INTENTIONS FOR FEBRUARY For the terminally ill. We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

PRAYER FOR PEACE IN PALESTINE, ISRAEL & UKRAINE. We pray for the people of all war torn countries, for all those suffering or afraid, that you will be close to them and protect them. We pray for world leaders, for compassion, strength, and wisdom to guide their choices. We pray for the laying down of all weapons.



MARRIAGE MATTERS: (Leviticus 13:1-2, 45-46 1 Corinthians 10: 31-33, 11:1 Mark 1:40-45) *Keeping our love alive.* Sometimes we have a sense of being at odds and separated from each other. The question, often unasked, is 'do you love me?' The answer is the same as Jesus gave to the outcast leper 'of course I do!' From being apart, we can be one again. How often do we say to each other 'I love you'?

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Jimmy Clarin, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Joyce Wrobel, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Jason McLean, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Maureen R. We also pray for all persons who are ill or are in need.

† RECENTLY DECEASED: Please pray for the repose of the soul of Fr Philips mother Pauline Okoli who suddenly passed away. The parish community extends their love and support to Fr Philip and the assurance of our prayers - may God grant Fr Philip strength and comfort during this difficult time.



SPECIAL COLLECTION: There will be a special collection taken for the **Church Easter Flowers** on **Sunday 18th February** the monies collected will be used for the Easter floral displays in Priory Street and Mile End Churches.

SEASON OF LENT: Lent is the 40 days (*not including* Sundays) from Ash Wednesday to the Saturday before Easter. Lent is often described as a time of preparation and an opportunity to go deeper with God. This means that it's a time for personal reflection that prepares people's hearts and minds for Good Friday and Easter. Spending time during Lent praying, fasting and giving can make Jesus' sacrifice on Good Friday and His resurrection on Easter even more meaningful.



LENT FAST DAY will be on Friday 23rd February. We are asked to eat simply and give what we have saved to CAFOD to support families with resources, tools and training to help feed themselves. Envelopes will be in church porch. Please return them the following weekend (25th Feb) when a 2nd collection will be taken. Thank you for your support and prayers.

STATIONS OF THE CROSS (LENT): This will take place every Friday afternoon at 12.30_{pm} commencing on Friday 16th February in Priory Street.

SAVE THE DATE: DAY OF MERCY on **Friday 15th March 2024:** The Church will be open all day with Mass at 9.30_{am} followed by Exposition & Confession all day; to finish with Benediction at 9.00_{pm} . Please do try to attend at some point during the day.

REPOSITORY: The Repository now has a selection of St Patrick Day cards available for sale in the Church Porch.



SAVE THE DATE! St Patricks' Day Celebration in Cardinal Bourne Hall on **Sunday 17th March 2023** from **3.00**_{pm}-**5.30**_{pm}. Details to follow in due course.

POLISH STATIONS OF THE CROSS (Lent): This will take place every Tuesday evening at 6.30_{pm} in Priory Street, commencing on Tuesday 20th February.

KNIGHTS OF SAINT COLUMBA RACE NIGHT: Join us on Saturday 17th February, at St John Payne Church Hall, 6.30_{pm} for a 7.00_{pm} start. £2 entry but please bring £1 coins to purchase tickets for each race. You can sponsor a race or take out an advert in our Programme for £10. Please contact George (07476781885) or Daniel (07552232888) if you would like to reserve a space. Please bring your own drinks & table snacks. A light buffet will be provided.



SUNDAY COFFEE MORNING: Anyone who has half-an-hour to spare after Mass is most welcome to stay for coffee and biscuits after 10.30_{am} Mass on Sundays. *CUPPA CLUB:* We meet **every Thursday from 10.00**_{am} **to 11.30**_{am} in the Hall. Everyone is welcome.

BEREAVEMENT SUPPORT GROUP: When we lose someone we have loved, a relationship where we felt safe, or a job where we felt fulfilled, we are left with grief that affects us emotionally and spiritually. Working together with two neighbouring parishes, we offer opportunities for support at a time of bereavement and loss: **Group support** at St Teresa's, Lexden and St. John Payne's Greenstead and **one to one help** in St James the Less, Priory St. The leaders are trained and experienced and are, or have been part of St Helena's Hospice Counselling and Emotional Support Team. More details on Notice Board, website and Facebook.

'WALK WITH ME' Booklets (LENT EDITION) & BRENTWOOD DIOCESAN DIRECTORY 2024: These are both available for sale in the church porch.

LECTIONARY READINGS FOR LENT: Commentary on every Scripture reading from Ash Wednesday to Good Friday by Fr Adrian Graffy, parish priest of Gidea Park and member of the Pontifical Biblical Commission, is available free of charge on www.whatgoodnews.org Click on 'Scripture Readings' and 'Lent Readings'. The commentaries are also available in book form from Darton, Longman and Todd www.dartonlongmantodd.co.uk

A FIRE IN MY HEART: On Saturday 3rd February, to celebrate 50 years of priesthood, Fr Adrian Graffy held a Conversation with some friends who are biblical scholars about their common love of the Bible. These included Carlos Castillo, archbishop of Lima, Peru, and Nuria Calduch-Benages, secretary of the Pontifical Biblical Commission, on which Fr Adrian also serves. The edited programme of the Conversation is now available free of charge by going to the home page of www.whatgoodnews.org

THE DIVINE MERCY APOSTOLATE, London is holding a Divine Mercy Lenten Retreat on **Saturday 24 February 2024 from 1:30** $_{pm}$ **- 4:30** $_{pm}$ at St. Lawrence Church, 1 Hamilton Road, Sidcup, Kent DA15 7HB. The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information

APPRENTICESHIPS AT WALSINGHAM HOUSE: Walsingham House are offering a two year apprenticeship course in Youth Ministry and Chaplaincy (Yr13 school leavers). Participants will live and work at Walsingham House in Abbotswick, running retreats for young people across the Diocese whilst studying with St Mary's University, Twickenham. For more info please email clairebailey@brcdt.org or visit the website www.bcys.net/apprenticeship-opportunity-at-walsingham-house/

CHURCH CLEANING TEAM: Monday 12/02/24: Team 3 / Monday 19/02/24: Team 4 COFFEE MORNING: 11/02/24: SVP / 18/02/24: Matthew & Mariamma