FIFTH SUNDAY	OF LENT (B)				
Saturday 16 th	Monkwick	$5.00 \; pm$	Holy Souls		
Sunday 17 th	Church	8.00 am	Mrs P. Okoli RIP		
	Church	$10.30 \ \text{am}$	Parishioners		
	Church	$2.00 \; pm$	Polish Mass		
	Church	6.30 pm	Private Intention		
	West Mersea	$8.30 \ \text{am}$	Dr. Colin Pace + Mr K. Ridge RIP		
	Mile End	$9.30\mathrm{am}$	Ints: Chris Kenyon		
Monday 18th			Monday of the Fifth Week of Lent		
	Church	$9.30 \ \text{am}$	Private Intention (J.D.)		
Tuesday 19th			ST JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY		
	Church	$9.30 \ \text{am}$	Margaret & Andrew Couzins		
	Church	6.00 pm	Polish Mass		
		6.30 pm	Polish Stations of the Cross		
Wednesday 20th			Wednesday of the Fifth Week of Lent		
	Church	9.30 am	Michael Rush RIP		
Thursday 21st	. .		Thursday of the Fifth Week of Lent		
	Church	9.30 am	Frederick, Elizabeth + Angelo Lucas		
Friday 22 nd	. .		Friday of the Fifth Week of Lent		
	Church	9.30 am	Canon John Bloomfield		
	Church	12.30 pm	Stations of the Cross		
O t l oord	Mile End	7.00 pm	Stations of the Cross		
Saturday 23 rd	01 1	0.00	Saturday of the Fifth Week of Lent		
	Church	9.30 am	Pauline Okoli RIP		
O . I cord	PALM SUNDAY OF THE PASSION OF THE LORD (B)				
Saturday 23 rd	Monkwick	5.00 pm	Holy Souls		
Sunday 24 th	Church	8.00 am	Private Intention		
	Church	$10.30 \ \text{am}$	Ints: Joe & Ray Canty & Family		
	Church	$2.00 \; pm$	Polish Mass		
	Church	$6.30 \; \text{pm}$	Private Intention		
	West Mersea	$8.30 \ am$	Parishioners		
	Mile End	9.30 am	Patrick Irvine RIP		

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- Sacrament of Reconciliation (Confession) Saturdays after 9.30_{am} Mass (Priory Street) and after 5.00_{pm} Mass (Monkwick).
- Church Loop System: Please note that the Church loop system serves all the seats in the centre Nave but not the aisles or the chancel.
- Mass Intentions. Envelopes are available in Church Porch.
- SUNDAY COFFEE MORNING: after 10.30_{am} Mass on Sundays in Cardinal Bourne Hall.
- Cardinal Bourne Hall Enquiries/Bookings: <u>colchester@brodt.org</u>
- SVP (St Vincent de Paul Society):Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like & follow our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Mgr. Christopher Brooks Assistant Priest: Fr. Philip Okoli

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317 E-Mail: colchester@brcdt.org

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Website: www.stjamesthelessandsthelen.org

St James the Less and St Helen RC Church, Colchester



"If a grain of wheat falls on the ground and dies, it yields a rich harvest." In this verse, the grain symbolizes the sacrifice of Jesus Christ and his Resurrection. This allegory teaches us about the cycle of death and rebirth, emphasizing that life emerges from the generosity of self-giving and that eternal life is attained through self-abnegation. It reminds us that acts of sacrifice and altruism have the power to bring about positive change.

With Easter just a few days away, we reflect in anticipation on the profound sacrifice of Jesus that gave birth to our salvation. Through this reflection, we understand that true life and growth come from dying to self and giving of ourselves.

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 _{am}
DAILY	Morning Prayer	at 9.15 _{am}
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm



THE POPE'S INTENTIONS FOR MARCH: For New Martyrs. Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.

PRAYER FOR PEACE IN PALESTINE, ISRAEL & UKRAINE. God of hope and mercy, protect all who are in any form of danger; provide practical help to those in need; strengthen the weary, console the grieving, heal the suffering; and bless those engaged in disaster relief efforts with safety and courage. Amen.



MARRIAGE MATTERS: (Jeremiah 31:31-34 Hebrews 5:7-9 John 12:20-33) *Unconditional love.* Love is called to be unconditional, not 'counting the cost', not 50/50, but both giving 100%. Today's Gospel reminds us a rich harvest is only possible when a single wheat grain falls on the ground and dies. Our loving efforts, trials and difficulties in marriage are ways of 'dying' to a lifestyle contrary to what God is calling us to.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Jimmy Clarin, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Joyce Wrobel, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Jason McLean, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Maureen R. We also pray for all persons who are ill or are in need.

† RECENTLY DECEASED: Please pray for the repose of the soul of John Belson who recently passed away. The parish community offers John's family and friends our condolences and the assurance of our prayers at this most difficult time.

REPOSITORY: There is a selection of St Patrick Day Cards & Easter Cards for sale in Church porch.

SPECIAL COLLECTION: There will be special collection taken today to aid Loli in her fundraising efforts so she can go on the Lourdes Youth Pilgrimage this year.

WASHING OF FEET- MASS OF THE LORDS SUPPER AT 8.00_{PM} (Maundy Thursday). The washing of the feet imitates Jesus' act of love for His "twelve" on the night before He died, this ritual signifies their participation in Christ's mission of love and service to one another and to those in need. If you would like to participate, please add your name to the washing of feet list in Church Porch – only 4 volunteers now needed.

DIOCESAN PILGRIMAGE TO WALSINGHAM – 25th MAY 2024: Join Bishop Alan and other parishes around the Diocese of Brentwood in Walsingham. We will celebrate Mass at the Basilica before walking the Holy Mile to the grounds of Walsingham Abbey to celebrate Vespers and Benediction on the site of the Holy House. If you would like to come, and wish to reserve a seat on the coach – please add your name to the Coach Seat Reservation list, which can be found on a clipboard in the Church Porch. A 53-seat coach will be picking up from East Hill near the corner of Priory Street at 07:45 for 8:00_{am} departure, with tickets at £17.00 per person, payable on the coach for those who have reserved seats. Please bring a packed lunch, as the cafeteria at Walsingham will be very busy.

BAPTISMS: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist and Confirmation. You only need one Godparent. It does not matter if they are male or female. If you choose two Godparents, traditionally a male and female that meet the requirements for Godparents. There is no provision for more than two godparents.

onday 25 th Ma uesday 26 th Ma py Wednesday			Priory Street Priory Street Priory Street		
ASTER TR	IDUUM				
8th March:	MAUNDY THURSDAY				
9:30 am	Office of Readings & Morning Pr	rayer	Priory Street		
8.00 pm	Mass of the Lord's Supper and V		Priory Street		
9 th March:	GOOD FRIDAY				
9:30 am	Office of Readings & Morning P	raver	Priory Street		
10:30 am	Children's Stations of Cross		Priory Street		
3:00 pm	Liturgy of the Passion of The Lo	ord	Priory Street		
12.00 pm	Stations of Cross		Mile End		
Oth March:	HOLY SATURDAY TNO CON	FESSIONS]			
9:30 am	Office of Readings & Morning Prayer		Priory Street		
6.30 pm	Solemn Vigil of Easter	A Production of the Control of the C	Priory Street		
31st March:	EASTER SUNDAY (THE RESURRECTION OF THE LORD)				
	Masses at usual Sunday times	3			
No.	[There will be no Mass at Monk	wick1			

'BISHOP ALAN LISTENS' RESEARCH REPORT. Understanding why Catholics in the Diocese of Brentwood no longer come to Church. Last summer Bishop Alan invited Catholics who no longer regularly come to Church to get in touch so that he could seriously listen to their stories and experiences and begin to understand why so many Catholics no longer feel as though they belong in the Church. This report presents a moving and challenging insight into how our Church and the covid-19 pandemic have contributed to a movement away from a regular practice of faith for many Catholics and offers our Church a rich repository of wisdom that might enhance and inform our ongoing journey of renewal in the diocese. Thank you to all those who so generously and thoughtfully participated in this research. Please share this link/report with those whom you know have participated in this research. Go to the home page of https://www.dioceseofbrentwood.net/ to see the responses of hundreds of Catholics across our diocese and hear what Bishop Alan heard.

AN EVENING WITH THE ROCKIN' REV on 27th April at 7.30_{pm} at St Teresa's Church Hall, Lexden. There is an evening with the Rockin' Rev, who plays guitar to songs including The Shadows and can be seen on YouTube. The tickets are £15 and include either a fish & chips or chicken & chips supper. Please contact Catherine Offord for tickets on 07971 052441.

SOUP RUN: Could you help the SVP deliver sandwiches at the Soup Run once a month? We would be grateful for donations of sandwiches, which can be left at the Church on our delivery day or picked up from your home. We can offer money for the ingredients. If you can help, please leave your e-mail or telephone number on: collabelatersyp@gmail.com and we will contact you.

CUPPA CLUB: We meet **every Thursday from 10.00**_{am} **to 11.30**_{am} in the Hall. Everyone is welcome.

CHURCH CLEANING TEAM: Monday 18/03/24: Team 3 / Monday 25/03/24: Team 4 COFFEE MORNING: 17/03/24: Peggy & Anne / 24/03/24: Yolande +!