FIRST SUNDAY	OF LENT (C)					
Saturday 5 th	Church	6.15 pm	Jean Shand RIP			
Sunday 6 th	Church	8.00 am	Private Intention			
	Church	10.30 am	Ezinne Eunice Ibeawuchi RIP			
	Church	2.00 pm	Polish Mass			
	Church	6.30 pm	Private Intention			
	West Mersea	8.30 am	Parishioners			
	Mile End	9.15 am	Dec. Mems. Larkin Family			
	Monkwick	10.15 am	Robert Bradshaw RIP			
Monday 7 th			Feria	-		
T is oth	Church	9.30 am	Ints.Josefina	-		
Tuesday 8 th	Church	9.30 am	Feria			
Wednesday 9 th	Church	9.30 am	Anniversary: Eric Proudfoot	-		
weunesuay 9	Church	9.30 am	Feria			
Thursday 10 th	Chuich	9.30 am	John O'Driscoll RIP			
Thursday To	Church	9.30 am	Feria			
Friday 11 th	Chuich	9.30 am	Mary Therese Finn RIP Feria LENT FAST DAY			
That y Th	Church	9.30 am	Iris Jay RIP			
	Church	7.30 pm	STATIONS OF THE CROSS			
Saturday 12 th		·	Feria	-		
	Church	9.30 am	Francis Vella RIP	_		
	SECOND SUNDAY OF LENT (C)					
Saturday 12 th	Church	6.15 pm	Ron & Margaret Wheeler RIP			
Sunday 13 th	Church	8.00 am	Parishioners			
	Church	10.30 am	Patricia + Arthur Urquhurt RIP			
	Church	2.00 pm				
	Church	6.30 pm				
	West Mersea	8.30 am	Private intention			
	Mile End	9.15 am	David Eamonn Doble RIP			
	Monkwick	10.15 am	Peggy Wilding RIP			

For Baptisms, Weddings and Funerals, please email or contact our parish office.

- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ✤ Sacrament of Reconciliation (Confession) Saturdays after 10_{am} Mass and 5.30_{pm}-6.00_{pm}
- Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church Entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass. The Mass Intention will be published in the newsletter (available on the parish website or via Facebook or collection from Church).
- Colchester General Hospital: If you would like to arrange for a priest to visit a Catholic relative in hospital please contact the presbytery direct on (01206) 866317

Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like & follow our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY

Parish Pries Assistant Pi Assistant Pi	riest:	Mgr. Christopher Brooks Fr. Paschal Uche Fr. Philip Willenbrock	
Address: Tel: E-Mail : Website:	01206 86631 colchester@dic www.stjamest	t, Colchester, Essex, CO1 2QB 7 <u>oceseofbrentwood.org</u> <u>nelessandsthelen.org</u> s and St Helen RC Church, Colchester	



FIRST SUNDAY OF LENT (C) WEEK COMMENCING 6TH MARCH 2022

St.Luke's account of Jesus' temptation in the desert is beautifully constructed. Jesus is tempted for forty days, a familiar number in the Bible. We hear details only of the last three temptations, after the completion of the forty days. We can note that Jesus replies to us, the hearers of the Word, rather than to the devil himself. The first temptation is to put physical needs before spiritual, something which we see so much of nowadays. Lent is a time essentially of spiritual renewal, controlling physical desires especially through fasting. The second temptation is to power, understood as dominion of the world, with the means being adoration of the devil; we could consider Putin's recent actions in that light. The way to true power on earth is by service of God. The final temptation is to seek a special relationship with God, one in which God serves the person, tempting God himself. This is commoner than we might think, as people make prayers to God which essentially turn God into their own personal miracle-worker. These few words just scratch the surface, there is much more to be found in the passage, happy hunting. Fr.Chris

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES						
DAILY	Morning Prayer	at 9.15 _{am}				
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm				
DAILY Mon-Fri	Rosary/Divine Mercy	at 8.45 _{am}				
2 nd SUNDAY MONTHLY	Eucharistic Adoration	Temporarily suspended				

THE POPE'S INTENTIONS FOR MARCH: A Christian Response to **Bioethical Challenges.** We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

MARRIAGE MATTERS: (Deuteronomy 26:4-10; Romans 10:8-13; Luke 4:1-13) We seek each other. Today's Gospel reminds us that there is more to our life as married couples than we see. Our desire for each other has a deeper yearning – to be loved and accepted for who we are. In this season of Lent let us be led by the Spirit to resist the temptation to lead individual and separate lives within our marriages.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Jim Lynas, Maureen R. We pray for all persons who are ill or have contracted Covid-19 and their families.

TIME OF PRAYER AND ADORATION: This will take place every Thursday in Church from 7-8pm and will be led by Fr Paschal. Please do come along.

CHURCH CHOIR: The next Choir Practice will take place on Saturday 12/03/22 at 12.30pm Please contact Claire for more details on 07482253284. New Members always welcome.

NEXT 2nd COLLECTIONS: There will be 2nd collections taken for CAFOD on 11th March for Family Fast Day - Envelopes will be available in church also.

VOLUNTARY HEALTH & SAFETY ASSISTANT REQUIRED: We are looking for a volunteer willing to assist with the Parish Health and Safety - If you have any expertise and are willing to advise and assist, for details of the role, please speak to Fr Chris. Thank you.

CHILDREN'S LITURGY: We are happy to be able to re start Children's liturgy on Sundays at 10:30_{am} Mass. Children in Reception class and of pre-school age are welcome to attend with a parent, where they will hear a story, sing and take part in an activity. We are looking for volunteers to assist with the sessions, if you would like to find out more, please contact Kelly via email - kelmarie1979@gmail.com

STATIONS OF THE CROSS: This will take place here every Friday of Lent at 7.30pm commencing on Friday 4th March and each Friday up to and including Friday 8th April.

CONFIRMATION COURSE will be commencing on Sunday 6th March 2022 from 4-6pm. Please email your details to the parish to register your child.

WALK WITH ME' Booklets (LENT EDITION): last few remaining in church at £1 a copy.

CTS BOOKLETS: There are a good selection of booklets available for sale not loan in the church porch, please leave monies in the CTS box. Thank you.

ESSEX LEG OF PILGRIM CROSS (FORMERLY STUDENT CROSS): We kindly ask for Volunteers to cook and serve an evening meal on Friday 8th April and breakfast on Saturday 9th April to approx 15-18 Students who will be sleeping in Cardinal Bourne Hall whilst taking part in the Essex leg of the Easter Walking Pilgrimage to Walsingham. Please contact the Clergy if you are able to assist in any way in feeding these tired and hungry young people.



ST PATRICKS NIGHT: This festive event will be held in Cardinal Bourne Hall on Saturday 19th March from 7.30pm-11.00pm. Good Food, Live Music from Parish Drama Group, Singing and Dancing, Prize Raffle and more. For Tickets contact Frances on 369568 or Nora on 503410. Adults £13.00 / Children 5-12yrs £6.00. Book early to avoid disappointment.

SVP: CUPPA CLUB: will meet every Thursday from 10.30am to 12 noon in Cardinal Bourne Hall. Come and enjoy a free tea/coffee and cake with friends. Newspapers, puzzles, games and craft etc., will be available. If you know anyone who would like to come but needs a lift, please get in touch Tel: 07493 439427 or email: colchestersvp@gmail.com

THE UNIVERSE CATHOLIC WEEKLY is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order your Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

THRESHOLDS OF HOPE QUESTION: Sundays 6th and 13th March 4- 5.00 pm What has Catholicism contributed to culture and the arts? This talk will be given by Fr David Clemens, parish priest of Our Lady of Compassion, Saffron Walden. For more information go to www.thresholdsofhope.co.uk

THE DIOCESAN LOURDES PILGRIMAGE: This will be led by Bishop Alan and will take place from Sunday 24th – Friday 29th July in Lourdes. Brochures for the pilgrimage, which will include costs, will be available soon from the tour company. For further information contact Cathy O'Connor: cathy@dioceseofbrentwood.org or 07813 710070.

BCYS SUMMER LOURDES PILGRIMAGE 2022: 23rd – 30th July 2022. Join the Youth pilgrimage to Lourdes this Summer, assisting pilgrims to Masses, services, shops and cafes of the beautiful French town, take part in retreats and a youth led reconciliation service, visit the baths and the stunning mountain town of Gavarnie, experience the amazing Lourdes processions, as well as social nights, party and so much more! The cost is £625 for the week, and is open to all those in school year 11 and above. (Funding and grant opportunities are available!). You can email gabriellafusi@dioceseofbrentwood.org or visit www.bcys.net/events/sl22 to find out more and apply now! The deadline for applications is Sunday 20th February.

CARITAS DIOCESE OF BRENTWOOD are inviting people from the night of April 8th to the morning of April 9th, to join the 2022 Sponsored Sleepout. Raising awareness and money to help our local homeless charities and the Brentwood Catholic Youth Service. All information can be found at www.caritasbrentwood.org/sleepout or by emailing sleepout@dioceseofbrentwood.org"

BAPTISM, CONFIRMATION & FIRST HOLY COMMUNION CERTIFICATES: If your child has made these sacraments. Certificates can be collected from Presbytery.

LENT READINGS: The Scripture readings for Lent are particularly rich and a major source of help in living a good Lent. Fr Adrian Graffy, parish priest, Scripture scholar, and member of the Pontifical Biblical Commission, has prepared commentaries on all the readings in the Liturgy of the Word at Mass throughout Lent, from Ash Wednesday to Good Friday. The full text of the biblical readings and commentary are accessible from the home page of www.whatgoodnews.org

BRENTWOOD DIOCESE SCHOOL/ADMIN VACANCIES: details are available from https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/

CHURCH CLEANING TEAM: Monday 07/03/22: Team 3/ Monday 14/03/22: Team 4 CBH COFFEE MORNING ROTA: 06/03/22 (Peggy & Anne)) / 13/03/22 (Yolande + 1)