TRANSFIGURATION OF THE LORD (A)				
Saturday 5 th	Monkwick	5.00 pm	Ints: Grace McCartney	
Sunday 6 th	Church	8.00 am	Margaretta Wright	
	Church	10.30 am	Private Intention (SF)	
	Church	$2.00 \; pm$	Polish Mass	
	Church	$4.00 \; pm$	Filipino Mass	
	Church	$6.30 \; pm$	Parishioners	
	West Mersea	$8.30 \ \text{am}$	Private Intention	
	Mile End	$9.30 \ \text{am}$	John Mauger RIP	
Monday 7 th			Feria	
	Church	9.30 am	Thanksgiving (SF)	
Tuesday 8th			St Dominic, Pr	
	Church	$9.30 \ \text{am}$	Thanksgiving (RJ)	
Wednesday 9th			ST TERESA BENEDICTA OF THE CROSS, V,M	
	Church	9.30 am	John Chapman RIP	
	West Mersea	1.30 pm	FUNERAL SERVICE: Mary Haynes RIP	
Thursday 10 th			ST LAWRENCE, Deacon, M	
	Church	9.30 am	Patrick & Mary English RIP	
Friday 11 th	. .		St Clare, V	
	Church	9.30 am	Patrick Joseph Cunningham RIP	
0 1 1 1 10th	Church	12.30 pm	Private Intention	
Saturday 12 th	Church	10.00	Memorial of the Blessed Virgin Mary	
		12.30 pm	Thanksgiving (H+A.H) IN ORDINARY TIME (A)	
0 - 1 1 4 Oth				
Saturday 12 th	Monkwick	5.00 pm	The Persecuted Christians in Manipur State in India	
Sunday 13 th	Church	8.00 am	The Persecuted Christians in Manipur State in India	
	Church	10.30 am	The Persecuted Christians in Manipur State in India	
	Church	2.00 pm	Polish Mass	
	Church	$6.30 \; pm$	Parishioners	
	West Mersea	$8.30 \ \text{am}$	The Persecuted Christians in Manipur State in India	
	Mile End	9.30 am	The Persecuted Christians in Manipur State in India	

The church will remain open for 24 hrs whilst the Relics of St Andrew, St Margaret & St Columba of Iona are here on Friday 11th August until early Saturday afternoon. There will be no 9.30_{am} Mass on Saturday 12th August – Mass will be at 12.30_{pm}

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- Sacrament of Reconciliation (Confession) Saturdays after 9.30_{am} Mass (Priory Street) and after 5.00_{pm} Mass (Monkwick).
- Cardinal Bourne Hall Enquiries/Bookings: colchester@brcdt.org
- > SVP (St Vincent de Paul Society):Tel: 07493 439427/email: colchestersvp@gmail.com

Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like & foliow-our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Mgr. Christopher Brooks Assistant Priest: Fr. Paschal Uche

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317 E-Mail: colchester@brcdt.org

Website: www.stjamesthelessandsthelen.org

St James the Less and St Helen RC Church, Colchester



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TRANSFIGURATION OF THE LORD

Week Commencing 6th August 2023

Christ's Tabor radiance is a kind of mirror in which we glimpse the glory that God wills to give his friends. The resplendence of the Transfiguration reveals the fullness of life destined to be ours. The Transfigurations invites us to configuration. As we peer into the glory that pours from every pore of the transfigured Christ, we cast off everything unworthy of our personal relationship with the Infinite, and we take on the radiance of the Son of God. Jesus gazes back at us with a luminous look of love that makes us desire to express his translucent beauty in every aspect of our lives. Silently from Tabor's splendour, the Saviour begs: "Become what you behold!". It is wonderful for us to be here today as we celebrate the transfigured Christ, the Christ of prophecy, in whom we have believed.

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 _{am}
DAILY	Morning Prayer	at 9.15 _{am}
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 _{pm}
ADORATION & PRAYER	Thursdays	at 7.30 pm



THE POPE'S INTENTIONS FOR AUGUST: For World Youth Day. We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.

MARRIAGE MATTERS: (Daniel 7:9-10,13-14 2 Peter 1:16-19 Matthew 17:1-9) **Seeing you in a new light.** At His Baptism and His Transfiguration, Jesus appeared to His disciples in a new light. That happens in relationships. We are all 'different'. Our background and experiences affect our responses to situations and reveal different 'sides' of our personality. Sharing thoughts and feelings about these can be painful or joyful, yet can lead us to make new and better choices.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Diana Irven, Mrs. Maureen McKenna, Joyce Wrobel, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Jason McLean, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Maureen R. We continue to pray for all persons who are ill or are in need.

SUNDAY COFFEE MORNING: Anyone who has half-an-hour to spare after Mass is most welcome stay for coffee and biscuits after 10.30_{am} Mass on Sundays. This is a chance to catch up in the spirit of friendship and community. Everyone is warmly invited.

CUPPA CLUB: will meet every Thursday from 10.00_{am} to 11.30_{am} in Cardinal Bourne Hall. Enjoy a free tea/coffee and cake with friends. Newcomers always welcome!

FR PASCHAL: A leaving reception will take place on Sunday 3rd September in Cardinal Bourne Hall following the 10.30_{am} Mass – All parishioners are warmly invited to say their farewells to Fr Paschal.

CHURCH CLEANING VOLUNTEERS: We are still looking for a couple of volunteers for Cleaning Teams 1 + 3 as many hands make light work. If you are able to volunteer about 2 hrs every 5 weeks, please contact Linda in the Presbytery office (01206 866317) Thanks.

OUR LADY OF FATIMA: The next Procession is on Sunday 13th August after the 2.30_{pm} Mass and will be followed by the Rosary.

PRO-LIFE COFFEE MORNING. You are warmly invited to a coffee morning on Tuesday 8th August, 10.30_{am}-12.30_{pm} at the home of Clare Fox, Cherry Tree Farm, Bromley Rd, Ardleigh CO7 7SG. Come and enjoy a morning of tea, coffee and cakes with the opportunity to raise funds for and find out more about the life changing work of March for Life UK.

GIFT AID: Please consider gift aiding your offertory donations. Information can be found on the Parish website. Gift Aid Declaration forms & Standing Orders can be found in the Church porch. Every £1.00 you donate to the Church is worth £1.25 when you Gift Aid it, at No Extra Cost to You.

ENGLISH HERITAGE: This will take place on 9th September from 10.30_{am} until 4.00_{pm} here.

THE KNIGHTS OF SAINT COLUMBA NATIONAL RELIC TOUR 2023: The Relics will arrive in Colchester at the 11th Century Church of St. Andrew, Greenstead. They will be welcomed by our Anglican friends at 5_{pm} and reside overnight at the Church. On the 11th of August there will be a procession of the Relics from St Andrew's to St James the Less and St Helen, Priory Street. They will be welcomed at a special 12:30_{pm} Mass. Following this, they shall be on display for 24 hours. Please do come and spend some time with them in prayer and contemplation. On the Saturday there will be Morning Prayer at 9:15_{am}, followed by the Sacrament of Reconciliation being available until Mass at 12:30_{pm}. After this Mass the Relics will depart Colchester. The link for the timetable of the Relic Tour in Brentwood Diocese is: https://ibb.co/vwmpsvv

LADY D'ARCY WITH FYNCHES AND BERRYFIELD COTTAGES ALMSHOUSE CHARITY – ALMSHOUSE AVAILABLE: Accommodation: 1 bedroom mid terrace bungalow with sitting room, kitchen and single level bathroom. There is a small garden to be maintained by the resident. Criteria: Persons in need, hardship or distress and resident in Colchester; Of modest means – this may mean eligible for Housing Benefit; Capable of independent living; able to look after yourself and your home, if necessary with help from, for example, friends, family or social services; Able to live in a community with respect for it. Contact: The Clerk, Alison Smith at avalonbs@outlook.com (tel: 07990501921). The closing date for applications is 12th August 2023.

COULD YOU DONATE TOOTHBRUSHES & DISPOSABLE RAZORS FOR REFUGEES?

Founded in 2017 after the demolition of 'The Jungle' refugee camp in Calais, Roots, a charity based in Dunkirk, provides displaced people with essential basic services such as drinking water, hot showers, waste management and access to electricity. Calais Light has sourced deliveries of toiletries from corporate donors for Roots, but none have offered toothbrushes or disposable razors, which are now really needed. Roots has plenty of toothpaste! Could you add a pack of disposable razors and / or a couple of toothbrushes to your weekly shop?

COULD YOU BE A VOLUNTEER FOR THE REFUGEE CHARITY CALAIS LIGHT? We're recruiting NEW volunteers to support refugees in two N.Essex bridging hotels. Volunteer activities are open to anyone from chatting with refugees to playing board games, going for local walks, teaching English (spoken & written) and orienting them to life in the UK. Volunteers can help weekly or fortnightly, to find out more please contact the Lead Volunteer, John Bradley at: johnbradley9255@gmail.com If you are able to support financially, please donate via the website www.calaislight.com

LONDON MARATHON 2024: Brentwood Catholic Children's Society has several Gold Bond Charity places for runners in the London Marathon on Sunday 21st April 2024. Please contact Damian Dillon for further details on 07912 308000 or at ddillon@bccs.org.uk. The closing date is Friday 28th July and there is a minimum sponsorship requirement of £1800 (excluding Gift Aid).

YEAR 13 RETREAT AT WALSINGHAM HOUSE IN SEPTEMBER: Will you be in Year 13 this September? Are you currently making decisions about your next steps? Would you like time to step back, reflect, pray and think about the different pathways ahead of you? If so, Year 13 retreat at Walsingham House is just the opportunity to do that. There are 2 retreats on 13th - 15th September or 22nd - 24th September and the cost is £35. Please visit www.bcys.net/events for further details or email clairebailey@brcdt.org

CHURCH CLEANING TEAM:

Monday 07/07/23: Team 3 / Monday 14/08/23: Team 4 / Friday 25/08/23: Team 5

COFFEE MORNING (HALL):

06/08/23: African Community / 13/08/23: Diane & Adrian / 20/08/23: The O'Sullivans