

THE BODY AND BLOOD OF CHRIST (A)

HOLYDAY OF OBLIGATION

Saturday 10th	Monkwick	5.00 pm	Holy Souls
Sunday 11th	Church	8.00 am	Private Intention (SG)
	Church	10.30 am	Deceased Relatives of Betts Family
	Church	3.30 pm	First Holy Communion Children
	Church	6.30 pm	Private Intention
	West Mersea	8.30 am	Parishioners
	Mile End	9.30 am	Ints: Tom + Molly McElroy
Monday 12th			Feria
	Church	9.30 am	Ints: Jovita + Aurea De Jesus
Tuesday 13th			St Anthony of Padua, Pr, D
	Church	9.30 am	Ints: Marco
	Church	6.30 pm	Our Lady of Fatima Procession followed by Polish Mass
Wednesday 14th			Feria
	Church	9.30 am	Deceased Relatives of Plowright + Raison Fams
Thursday 15th			Feria
	Church	9.30 am	Ints: Marco
Friday 16th			THE MOST SACRED HEART OF JESUS
	Church	*	No Mass
Saturday 17th			The Immaculate Heart of Mary
	Church	9.30 am	Salvatore Morreale + Pauline Morreale RIP
ELEVENTH SUNDAY IN ORDINARY TIME (A) <small>DAY FOR LIFE</small>			
Saturday 17th	Monkwick	5.00 pm	Paul Pickering RIP
Sunday 18th	Church	8.00 am	Parishioners
	Church	10.30 am	Private Intention
	Church	2.00 pm	Polish Mass
	Church	6.30 pm	Maria Bradshaw RIP
	Church	3.30 pm	First Holy Communion Children
	West Mersea	8.30 am	Ints: Margaret Williams
	Mile End	9.30 am	Gerry Coyle RIP

Please note that there is no Polish Mass today (11th June)

*** There will be No Morning Mass on Friday 16th June**

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) and after 5.00pm Mass (Monkwick).
- ❖ Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass.

- **Cardinal Bourne Hall Enquiries/Bookings:** colchester@brcdt.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like & follow our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



St James the Less & St Helen

Parish Priest:
Assistant Priest:

Mgr. Christopher Brooks
Fr. Paschal Uche

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St James the Less and St Helen RC Church, Colchester



THE BODY AND BLOOD OF CHRIST (A)
Week Commencing 11th June 2023

"How can this man give us his flesh to eat?" This question that puzzled the Jews should still stir in us a wonder and amazement. Friends, today is the feast of Corpus Christi, celebrating the most remarkable gift of Christ's body, blood soul and divinity to his faithful. We are called not merely to venerate and adore his presence in the Blessed Sacrament but to take and eat. Beautifully we have many of our young people receiving Holy Communion for the first time today in the Parish. Perhaps they too may be asking "How" Jesus gives himself for us to eat. Perhaps, the more powerful preceding question is "Why." Why does Jesus give us his flesh to eat. This great sacrament of love takes us back to the Passover when the children of Israel were asked to eat of it and so pass out of slavery in to freedom, it takes us back to the desert where God rained down manna for his children and they ate of this bread to be sustained, further still it takes us back to the garden of Eden where access formerly denied to the tree of life has now been granted thanks to the tree of the cross to the fruit of life so that we can pass out from death in to life. Just as eating is a concrete reality so too should the fruits in our lives be a concrete experience. Our growth in freedom, strength and joy should accompany each reverent and fruitful Holy communion.

Fr. Paschal

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 am
DAILY	Morning Prayer	at 9.15 am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
ADORATION & PRAYER	Thursdays	at 7.30 pm



THE POPE'S INTENTIONS FOR JUNE: *For the abolition of torture*

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

MARRIAGE MATTERS: (Deuteronomy 8:2-3, 14-16 1 Corinthians 10:16-17 John 6:51-58) ***Feed your love***

Without food we die! Our wedding promise was to nourish each other so that we bring life to our marriage. We feed each other in all the little countless ways, but particularly in our tender lovemaking, our talking and listening, support and encouragement, particularly in times of doubt and uncertainty. In these ways our marriage will grow and shine.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Diana Irvén, Mrs. Maureen McKenna, Joyce Wrobel, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Maureen R. We continue to pray for all persons who are ill or are in need.

RECENTLY DECEASED: Please pray for the repose of the soul of Iris Peggy Barbet (Peggy) who has recently passed away. The parish community offers her family and friends our condolences and the assurance of our prayers at this most difficult time. Details for Peggy's funeral service in Mersea to be advised.

DIOCESAN 2nd COLLECTION: After all Masses today there will be a collection taken for ***the Sick & Retired Clergy Fund*** this is part of the Diocesan Charity, which helps and supports our retired and sick clergy.

NEXT 2nd COLLECTION is Day For Life on 18th June 2022. *Day for Life* is the day in the Church's year dedicated to raising awareness about the meaning and value of human life at every stage and in every condition. The Church teaches that life is to be nurtured from conception to natural death

MESSAGE FROM FR CHRIS: Thank you for all the birthday messages, cards and gifts received, I am touched by your kind thoughts and generosity.

FIRST HOLY COMMUNION: We congratulate all the children who are celebrating their Sacrament of First Holy Communion this weekend and next. We ask God's blessing on those children and their families that they may grow in love for Jesus as they receive Him at Mass now and for the rest of their lives. **We thank all the Leaders and Catechists for their hard work, they provided a first-class preparation course as well as a celebration that was both happy and memorable for all. Thank you.**

NEXT RCIA COURSE (Rite of Christian Initiation of Adults): Journey in Faith or RCIA is the process developed by the Catholic Church for those who are interested in finding out more about the Catholic Faith, teachings and practices with a view to becoming Catholics, or for those who have a background in the Catholic Faith but who have not yet been confirmed, or for anyone who wants to refresh their knowledge of the Catholic Faith. **An initial meeting will be held on Wednesday 5th July at 7.30pm in the Presbytery. If you are interested in attending this or would like to take part in the course but unable to make this date – please send us an email with your name, contact number to register your interest.**

REPOSITORY: We have a new selection of Confirmation & Holy Communion cards for sale.

BISHOP ALAN WOULD LOVE TO HEAR FROM YOU! Do you, or someone you know, no longer go to Mass or feel that you belong in the Church? Bishop Alan would love to hear your story and listen to your experience, please take a card from porch or click on the link: https://cambridge.eu.qualtrics.com/jfe/form/SV_9Gn08WXvvKfwJts for more info.

SAVE THE DATE: 23rd July 2023 at 4.30pm. Fr Chris' Ruby (40 years) Jubilee of Ordination, Mass and celebration afterwards. Further details to follow in due course.

PILGRIMAGE TO WALSINGHAM: Thank you to everyone who attended and assisted on the day. It was greatly enjoyed by all and a time of reflection, prayer and renewal.

TABLE TENNIS: Starting on Thursday 15th June and every Thursday evening thereafter a table tennis club is forming in Cardinal Bourne Hall from 7-9pm. Everyone is welcome to play socially at all levels, do come and join the fun!

CHURCH FORECOURT: Our thanks to Colin for his generosity, hard work and creativity with the hanging baskets and flowerpots in church forecourt and our gratitude to Ann and the gardening team for all their hard work & maintenance of the courtyard and front gardens. Lord, make us faithful stewards in the labour you have called us to share, planting and cultivating, planning and protecting. Amen

SUNDAY COFFEE MORNING: Anyone who has half-an-hour to spare after Mass is most welcome stay for coffee and biscuits after 10.30am Mass on Sundays. This is a chance to catch up in the spirit of friendship and community. Everyone welcome.



CUPPA CLUB: will meet **every Thursday from 10.00am to 11.30am** in Cardinal Bourne Hall. Enjoy a free tea/coffee and cake with friends. Newcomers always welcome!

OUR LADY OF FATIMA: The next Procession is on **Thursday 13th June at 6.30pm** followed by mass in Polish + Rosary.

CHURCH CLEANING VOLUNTEERS NEEDED: keeping our place of worship glorious for The Lord. Volunteers are desperately needed to keep our church looking clean and welcoming. If you can spare 1-2 hours per month to help clean the Church and would like to become a "heavenly duster" or a "hoover angel" Or form a new team with friends, community groups. Please contact the Presbytery (866317). As the saying goes...Many hands make light work. Thank you.

DONATION STATION: The donation station is back up and running!

MISSIO MAGAZINES FOR SUMMER 2023 are available free in the church porch.

MISSIO BOXES: Emptied Red Boxes can be collected from the Presbytery. Thank you.

MARRIAGE & FAMILY LIFE: Bishop Alan will be celebrating the annual Mass of Thanksgiving for Marriage and Family Life in the Cathedral on **Saturday 15th July at 3.00pm**, followed by a reception in the hall. If you are recently married or preparing for marriage or celebrating a significant wedding anniversary, please let Fr Chris know that you would like to attend this event.

CABARET NIGHT (St Teresa's Church Hall, Lexden): Cabaret Night with 'Onose' of Afro-Caribbean Night fame on Saturday 24th June at St Teresa's Church Hall 7.00pm – 10.00pm. Canapés and drinks are provided. Tickets are £5 for adults and £1 for children and available from Catherine on 07971 052441 or Stephanie on 07462 180245.

PARKING: If parking in St Augustine Mews, we kindly ask you to respect our neighbours drives and **do not** block them or park on the pavements blocking their street access.

CHURCH CLEANING TEAM: Monday 12/06/23: **Team 4** / Thursday 22/06/23: **Team 1**
COFFEE MORNING (HALL): 11/06/23: **Matthew + Mariamma** / 18/06/23: **African Community**