TWENTIETH SU	TWENTIETH SUNDAY IN ORDINARY TIME (B)					
Saturday 17th	Monkwick	5.00 pm	John Dolomore RIP			
Sunday 18 th	Church	8.00 am	Holy Souls in Purgatory			
	Church	10.30 am	Patrick Casey RIP			
	Church	2.00 pm	Polish Mass			
	Church	6.30 pm	Private Intention			
	West Mersea	$8.30 \ am$	Parishioners			
	Mile End	$9.30\mathrm{am}$	Private Intention			
Monday 19th			Feria			
	Church	$9.30 \ \text{am}$	Mary Ryder RIP			
	Church	4.00 pm	RECEPTION INTO CHURCH: Bernard John Shand RIP			
Tuesday 20th			St Benard, Ab, D			
	Church	$9.30 \ \text{am}$	Fr Joseph Thundathil RIP			
	Church	10.45 am	Funeral Mass: Bernard John Shand RIP			
Wednesday 21			St Pius X, P			
-	Church	9.30 am	Michelle Turner RIP			
Thursday 22 nd			The Queenship of the Blessed Virgin Mary			
	Church	9.30 am	Pat Joe McGinley RIP			
Friday 23 rd			Feria			
	Church	9.30 am	Frederick, Elizabeth + Angelo Lucas			
Saturday 24th			ST BARTHOLOMEW, AP			
	Church	9.30 am	Danial, Florence +Danny Farrel RIP			
TWENTY-FIRST SUNDAY IN ORDINARY TIME (B)						
Saturday 24th	Monkwick	5.00 pm	Ints: Jerome Raju			
Sunday 25 th	Church	8.00 am	Private Intention			
	Church	$10.30 \ \text{am}$	Colin Taylor RIP			
	Church	2.00 pm	Polish Mass			
	Church	6.30 pm	Dec. Mem. Mulcahy, Quigley + Murray family's			
	West Mersea	$8.30 \ \text{am}$	Parishioners			
	Mile End	9.30 am	Private Intention			

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Baptism Godparents: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist, and Confirmation. You only need one Godparent.
- Marriage Preparation: Please be aware that <u>6 months' notice</u> of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- Sacrament of Reconciliation (Confession) Saturdays after 9.30_{am} Mass (Priory Street) and after 5.00_{pm} Mass (Monkwick).
- Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door.
- > Cardinal Bourne Hall Enquiries/Bookings: colchester@brcdt.org
- SVP (St Vincent de Paul Society): Tel: 07493 439427/email: colchestersvp@gmail.com
- KNIGHTS OF SAINT COLUMBA: George Johnson (BEM, Grand Knight) 07476 781885; George Benedict (Membership Officer) 07834 725890; email: george.johnson@ksc.org.uk

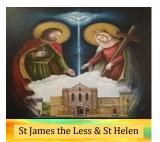
Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like and follow our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Assistant Priest: Mgr. Christopher Brooks

Fr. Philip Okoli

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317 E-Mail: colchester@brcdt.org

Website: www.stiamesthelessandsthelen.org

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St James the Less and St Helen RC Church, Colchester

TWENTIETH SUNDAY IN ORDINARY TIME (B) WEEK COMMENCING 18TH AUGUST 2024

We come today to the final section of John ch.6 in our Sunday readings. The words Jesus uses in talking about what is in effect the Eucharist are very emphatic. He repeats flesh and blood several times; and the eating he requires is very physical, not a dainty process. The Jews are scandalised precisely because of this realism, if they had thought Jesus was using some sort of metaphor their reaction would have been more muted. In terms used in the Church, Jesus is clearly teaching us the Real Presence, that he is present Body, Blood, Soul and Divinity under the appearance of bread and under the appearance of wine. In the celebration of Catholic and Orthodox eucharistic liturgy there is a real, substantial change from bread and wine into the Real Presence. It is tragic that not a few who claim to be Catholic nevertheless deny this Presence or at least don't fully accept it. Such people may outwardly receive communion but will not benefit as much as is possible from the Sacrament because they fail to recognise the Body and Blood.

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 _{am}
DAILY	Morning Prayer	at 9.15 _{am}
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
LEGION OF MARY	Fridays (Cardinal Bourne Hall)	at 7.30 pm



THE POPE'S INTENTIONS FOR AUGUST: For political leaders. We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

PRAYER FOR WORLD PEACE. Lord, we ask for your divine intervention and peace to prevail in Ukraine, Palestine and in every land wounded by war. We pray for all those suffering or afraid, that you will be close to them and protect them. We ask that you guide leaders and nations to work toward lasting peace and stability around the world. Amen



MARRIAGE MATTERS: (1Kings 19: 4-8 Ephesians 4: 30-32 5: 1-2 John 6: 41-51 To love as God loves. When we married we became a flesh and blood sacrament. Today, Jesus says "I am the bread of life". We are 'food and drink' for each other. Let's continue to nourish one another in our marriages, in all those little ways, with tender words and loving actions and become more a 'sign' of God's love for the world.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Margaret Hawkins, Valerie Thurston, Jimmy Clarin, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Hilda Morah, Jason Christopher McLean, Nicollas and Adam Campbell-Vencarto, Maureen R. We also pray for all persons who are ill or are in need.



RECENTLY DECEASED: Please pray for the repose of the soul of Joan Slade who has recently passed away. The Parish community offers Joans family and friends our condolences and the assurance of our prayers at this most difficult time. Joan's funeral service will be on Monday 2nd September at 11.30_{am}.

BEREAVEMENT SUPPORT GROUP: When we lose someone we have loved, a relationship where we felt safe, or a job where we felt fulfilled, we are left with grief that affects us emotionally and spiritually. Working together with two neighbouring parishes, we offer opportunities for support at a time of bereavement and loss: Group support at St Teresa's, Lexden and St. John Payne's Greenstead and one to one help in St James the Less, Priory St. The leaders are trained and experienced and are or have been part of St Helena's Hospice Counselling and Emotional Support Team. More details on Notice Board, website and Facebook.

MARY'S MEALS APPEAL (SCHOOL + FOOD = HOPE): Please consider donating your leftover foreign currency to Mary's meals. Envelopes are available in the Church Porch, simply fill the envelope with your leftover foreign currency; UK coins and notes that are no longer legal tender and hand your sealed envelope into the Presbytery. Your kindness will help provide nutritious school meals to children living in some of the World's poorest countries and give desperately hungry children hope for the future.

LEGION OF MARY: The Legion of Mary invites parishioners aged 18 and older to join our weekly prayer meetings which will be held in Cardinal Bourne Hall every Friday at 7.30pm offering a dedicated time for fellowship and growth. Membership in the Legion does not require specific skills or advanced spirituality. Please do join us in a meeting.

NEW MASS BOOKS FOR THE CHURCH (Year C. Part 1): We are gradually having to replace all the parishioners' Mass books (these are the Mass books on each of the benches in Church). Parishioners may like to take this opportunity to sponsor new books on a smaller scale than the Lectionaries as each Mass book costs £5.95 (we will need a minimum of 300 books to cover all Parish Churches). If you would like to donate towards the Church Mass books, then please contact the parish office or put your donation in an envelope marked New Mass books. However big or small your donation it all helps! Thank you.

BUCKINGHAM PALACE STATE ROOMS + WESTMINSTER CATHEDRAL DAY TRIP: Organised by St Teresa's, Lexden. Please let us know if you are interested in going to Buckingham Palace + Westminster Cathedral on Friday 20th September 2024. The full cost for both the Palace Ticket and coach seat are £60.00 per person. The coach will be leaving from St Teresa's Church Lexden CO3 9BE at 9_{am}, with return from London about 4_{pm}. Please contact the St Teresa's church office or Catherine Offord at 07971052441 to book your place on this trip.



> CUPPA CLUB: We meet every Thursday from 10.00_{am} to 11.30_{am} in the Hall. SUNDAY COFFEE MORNING after 10.30_{am} Mass in Cardinal Bourne Hall.

BRENTWOOD DIOCESAN ALTAR SERVERS' MASS is scheduled for 2pm on Saturday 21st September 2024, at Brentwood Cathedral of St. Mary & St. Helen.

WALSINGHAM HOUSE 40TH AND 60TH ANNIVERSARY MASS, 12noon on 31st August at Walsingham House at Abbotswick, Navestockside, CM14 5SH. Mass will be celebrated by Bishop Alan: please bring lunch and enjoy an afternoon at the beautiful Diocesan retreat house especially for young people, just outside Brentwood. Everyone is welcome - if you have ever been on retreat to Walsingham House, or helped as a teacher, catechist or youth leader, then do come to this very special Anniversary celebration. Mass will be offered for Fr Pat Sammon, RIP, who did so much to develop Walsingham House. More information at www.bcys.net.

"ADOREMUS" FESTIVAL, OSCOTT COLLEGE, BIRMINGHAM on Sat 14th SEPT; The "Adoremus" National Eucharistic Congress and Pilgrimage is taking place with representatives from dioceses across England and Wales. There is no charge for the coach but you will need to bring a packed lunch. If you would like to attend please contact the Diocesan Co-ordinator, Father Dan Mason at: frdanmason@brcdt.org

ADORE SPIRITUAL MINI-RETREAT 31st AUGUST 10am-1.pm "Bear The Fruit Of The Spirit". Our transformed lives will help other people." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker Maria Heath. Please register for the Zoom meeting in advance at bit.lv/ADOREAUG2024 More info at www.altonrenewal.com

INSPIRE. NURTURE AND ACCOMPANY YOUNG PEOPLE ON THE EDGE OF EAST LONDON. The parishes in the Romford Parish Partnership are recruiting a Parish Partnership Youth Coordinator. Salary £30,000/year, closing date 10th September 2024, start date no later than January 2025. This is a new role, with amazing potential to bring into leadership in the Church. Full young people details: https://www.dioceseofbrentwood.net/diocese/working-for-us/

WALSINGHAM HOUSE RETREAT MANAGER: Walsingham House at Abbotswick, the youth retreat centre for the Diocese of Brentwood, are seeking to appoint a Retreat Manager. For more info please see: https://bcys.net/news/vacancies/ Closing date is Friday 30th August.

CHURCH CLEANING TEAM: Thursday 22/08/24: Team 1 / Monday 26/08/24: Team 2 COFFEE MORNING ROTA: 18/08/24: Yolande + 1 / 25/08/24: SVP