

THIRTIETH SUNDAY IN ORDINARY TIME (C)

World Mission Day

Saturday 22nd	<i>Monkwick</i>	5.00 pm	Sebastian Kalinowski RIP
Sunday 23rd	<i>Church</i>	8.00 am	Parishioners
	<i>Church</i>	10.30 am	Elizabeth Okaro RIP
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	Dorothy Wood RIP
	<i>West Mersea</i>	8.30 am	Private Intention
	<i>Mile End</i>	9.30 am	Thanksgiving (B+D)
Monday 24th			Feria
	<i>Church</i>	9.30 am	Frederick, Elizabeth + Angelo Lucas
Tuesday 25th			Feria
	<i>Church</i>	9.30 am	Ints: Elsie + Rowland Speers
Wednesday 26th			St Cedd Bp, Secondary Co-Patron of the Diocese
	<i>Church</i>	9.30 am	Thanksgiving (RJ)
Thursday 27th			Feria
	<i>Church</i>	9.30 am	Mr. T M Sebastian RIP
Friday 28th			SS SIMON AND JUDE, App
	<i>Church</i>	9.30 am	C. T. Joseph RIP
Saturday 29th			Memorial of the Blessed Virgin Mary
	<i>Church</i>	9.30 am	Dave Malkin RIP
THIRTY-FIRST SUNDAY IN ORDINARY TIME (C)			
Saturday 29th	<i>Monkwick</i>	5.00 pm	Miss Valerie Pratt RIP
Sunday 30th	<i>Church</i>	8.00 am	Anniversary: Mr. Jackie Wilmott
	<i>Church</i>	10.30 am	Elizabeth Okaro RIP
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	Parishioners
	<i>West Mersea</i>	8.30 am	Private Intention
	<i>Mile End</i>	9.30 am	Michael + Bridget Brady RIP

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) and after 5.00pm Mass (Monkwick).
- ❖ Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass. The Mass Intention will be published in the newsletter (available on the parish website or via Facebook or collection from Church).
- ❖ Colchester General Hospital: If you would like to arrange for a priest to visit a Catholic relative in hospital, please contact the presbytery direct on (01206 866317).

- **Cardinal Bourne Hall Enquiries/Bookings:** colchester@dioceseofbrentwood.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to **like** & **follow** our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest:
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Fr. Paschal Uche

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St James the Less and St Helen Catholic Church, Colchester

THIRTIETH SUNDAY IN ORDINARY TIME (C)

WORLD MISSION DAY

WEEK COMMENCING 23RD OCTOBER 2022

"The proper way for a man to pray," Said Deacon Lemuel Keyes, "And the only proper attitude is down upon his knees." "No, I should say the way to pray," Said Rev. Doctor Wise, "Is standing straight with outstretched arms And rapt and upturned eyes." "Oh, no; no, no," said Elder Slow, "Such posture is too proud: A man should pray with eyes fast closed And head contritely bowed." "It seems to me his hands should be Austerly clasped in front With both thumbs pointing toward the ground," Said Rev. Doctor Blunt. "Las' year I fell in Hodgkin's well Head first," said Cyrus Brown, "With both my heels a-stickin' up, My head a-pinting down; 'An' I made a prayer right then an' there -Best prayer I ever said, The prayingest prayer I ever prayed, A-standing on my head." A beautiful poem by Sam Walter Foss, capturing the variety of postures in prayer, what is most important though is how the posture of our prayer should reflect and effect the attitude of our hearts before God. The Gospel this Sunday shows us two men with very different outlooks; One was praying to himself, and the other, mindful of his sinfulness and shortcomings, prayed earnestly to God. Whether we are standing or kneeling, eyes wide opened or gently closed, the heart of our prayer should always ring out "God be merciful to me a sinner"

Fr. Paschal

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES		
DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 am
DAILY	Morning Prayer	at 9.15 am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
ADORATION & PRAYER	Thursdays	at 7.30 pm



THE POPE'S INTENTIONS FOR OCTOBER: *A Church Open to Everyone.*

We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.

MARRIAGE MATTERS: (Eccles 35:12-14,16-19; 2 Tim 4:6-8,16-18; Luke 18:9-14) *Piercing the clouds with our humble prayers.* "The humble man's prayers pierce the clouds." That is why Jesus said the prayers of the repentant tax collector won God's favour, and why the judgmental attitudes of the Pharisees didn't. There is a bit of the Pharisee in all of us; humility is knowing the truth about ourselves. Proud people deceive themselves; let us grow in humility together.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Mike Taylor, Darline + Peter Wyatt, Dorothy Golding, Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Jim Lynas, Maureen R. We continue to pray for all persons who are ill or are in need and for those who have recently died.

RECENTLY DECEASED: Please pray for the repose of the soul of Robin Trevor Licence who has recently passed away. The parish community offers his family and friends our condolences and the assurance of our prayers at this most difficult time. Robin's funeral service will be held in Colchester crematorium on 2nd November at 1.15pm.

2nd COLLECTION: A collection will be taken after each Mass this weekend for **Missio** in respect of **World Mission Sunday**. This will be celebrated in every Catholic parish around the world today! It supports missionaries who work alongside communities that are poor or in need, regardless of their background or belief. By supporting Missio, the Pope's charity for world mission, you will help missionaries like Maria witness to their faith and offer vulnerable women in Ethiopia hope for a better future. Please pray for the mission of the Church throughout the world and give what you can to this very important collection, which will sustain the future of our Church. **RED MISSIO BOXES:** If you have a full Red Missio Box please drop this into the Presbytery. Emptied boxes can also be collected from Presbytery

INVITATION TO PARISH MEETING RE CHRISTMAS FUNDRAISING: All Parishioners and Community groups (*or their representatives*) are invited to a meeting in the hall **today (Sunday 23rd October after the 10.30am Mass)**. This is to discuss ideas for our annual Christmas fundraising event. We really want to make this a special occasion to bring everyone together and to raise funds for the parish whilst making it a day to remember! **Everything that happens in our parish is only possible with your support. Thank you**

FIRST HOLY COMMUNION CERTIFICATES: The First Holy Communion Certificates are ready for collection from the Presbytery for all the children who celebrated their sacrament on 12th and 19th June 2022. Also available are the Certificates for those who celebrated this Sacrament in 2021.

SVP CUPPA CLUB: will meet every **Thursday from 10.00am to 11.30am** in Cardinal Bourne Hall. Come and enjoy a free tea/coffee and cake with friends. Newspapers, puzzles, games & crafts, etc., will be available.

GIFT AID ENVELOPES: There are still a couple of uncollected Gift Aid box sets in porch.



MASS TIMES FOR ALL SAINTS DAY (*Holyday of Obligation*) Masses will be held on 31st October at 7.30pm at West Mersea and on Tuesday 1st November at 9.30am, 12.15pm + 7.30pm at Priory Street.

NOVEMBER IS THE MONTH OF HOLY SOULS. During this month, prayers and Masses are said for the Faithful Departed. *November Altar Lists of dead & Envelopes* are available in the Church Porch. Please put the names of your deceased family and friends on the list and place this in the envelope along with your donation and either hand the envelope to a priest or drop the envelope through the presbytery letterbox.

JOSIE'S KITCHEN: Josie is looking for donations of various items to make her care packages for the Homeless at Christmas. If you can spare any of the following items: - General toiletries (shower gels, shampoo, deodorants, toothpaste), Cup-a-soups, sachets of coffee drinks, hot chocolate, long life milk. Tins of ready meals i.e. Chili-con-carne, casserole, minced beef, tinned potato's, tinned puddings, crisps, biscuits, small multipack snacks. These items make a big difference to their lives and show them that they are cared for in our community. Please drop your Donations into the Presbytery. Thank You for your continued generosity and support.

CHURCH CLEANING VOLUNTEERS NEEDED: keeping our place of worship glorious for The Lord. Volunteers are desperately needed to keep our church looking clean and welcoming. If you can spare 1-2 hours per month to help clean the Church and would like to become a "heavenly duster" or a "hoover angel" Or form a new team with friends, community groups. Please contact the Presbytery (866317). As the saying goes...Many hands make light work. Thank you.

LITTLE SAINTS TOTS: Our parish Tots group is **every Wednesday** during term time **8:50am-11am**. All welcome for play, crafts and a snack. Tea/coffee for adults. If you attend with your child, please consider volunteering, please contact Julia on 07854296437.

MASS OF REMEMBRANCE: for those who have a loved one remembered within the grounds of Walsingham House at Abbotswick there will be a special Mass of Remembrance on Sunday 6th November at 2.30pm in the Chapel with light refreshments afterwards. For more information or to book a place please contact Joe, either via phone 01277373959 or email josephbeattie@dioceseofbrentwood.org.

CALAIS LIGHT is calling YOU to join us on our refugee convoys to Calais. Age 18+ Nov 18-20 & Dec 9-11 Experienced Continental drivers are extra welcome. A promised weekend of fun and fulfilment is guaranteed. Volunteer & really help refugees. Full details and bookings at www.calaislight.com.

YOUTH MASS & DAVID WELLS: the BCYS are pleased to welcome David Wells to the November Youth Mass being held at 6pm on Thursday 3rd November at Brentwood Cathedral. David is a celebrated Catholic motivational speaker and writer. He is engaging and funny, often drawing on his experiences to help guide and inspire others. He offers words of encouragement and affirmation for young people and those working with them. The evening will begin at 6pm with refreshments in parish hall, before David leads the input focused around discernment at 6.30pm. Mass will then be celebrated in the Cathedral at 7.30pm. Youth Mass is suitable for those in Yr9 and above.



PRAYER FOR PEACE IN UKRAINE. We pray for the people of Ukraine, for all those suffering or afraid, that you will be close to them and protect them. We pray for world leaders, for compassion, strength, and wisdom to guide their choices.

CHURCH CLEANING TEAM: Monday 24/10/22: **Team 4/** Thursday 03/11/22: **Team 1**
CBH COFFEE MORNING: 23/10/22: **Diane + Adrian /** 30/10/22: **The O'Sullivan's**