

SEVENTEENTH SUNDAY IN ORDINARY TIME (C)

World Day for Grandparents & The Elderly

Saturday 23rd	<i>Monkwick</i>	5.00 pm	Fr Christopher Brooks (Ordination Anniversary)
Sunday 24th	<i>Church</i>	8.00 am	Deceased Relatives Farrell Family
	<i>Church</i>	10.30 am	Southon & Donovan Families
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	Parishioners
	<i>West Mersea</i>	8.30 am	Private Intention
	<i>Mile End</i>	9.30 am	Private Intention

Monday 25th	<i>Church</i>	9.30 am	ST JAMES, Ap Ints: Advika Sonan
-------------------------------	---------------	---------	---

Tuesday 26th	<i>Church</i>	9.30 am	Ss Joachim & Anne, Parents of the BVM Ints: Claire Young + Family
--------------------------------	---------------	---------	---

Wednesday 27th	<i>Church</i>	9.30 am	Feria Ints: Julieta Marconi
----------------------------------	---------------	---------	---------------------------------------

Thursday 28th	<i>Church</i>	9.30 am	Feria Ints: Mrs. Sybil Kathleen Lyons
---------------------------------	---------------	---------	---

Friday 29th	<i>Church</i>	9.30 am	Ss Martha, Mary & Lazarus Phil Treby RIP
-------------------------------	---------------	---------	--

	<i>Church</i>	12.00 pm	Funeral Mass: Adrian + Bridget Collard RIP
--	---------------	----------	---

Saturday 30th	<i>Church</i>	9.30 am	Memorial of the Blessed Virgin Mary Floid Dela Pena RIP
---------------------------------	---------------	---------	---

EIGHTEENTH SUNDAY IN ORDINARY TIME (C)

Saturday 30th	<i>Monkwick</i>	5.00 pm	Fr Philip Willenbrock RIP
---------------------------------	-----------------	---------	---------------------------

Sunday 31st	<i>Church</i>	8.00 am	Dennis O'Sullivan RIP
-------------------------------	---------------	---------	-----------------------

	<i>Church</i>	10.30 am	Thanksgiving
--	---------------	----------	--------------

	<i>Church</i>	2.00 pm	Polish Mass
--	---------------	---------	-------------

	<i>Church</i>	6.30 pm	Xavier Swampillai + Marie Bastianpillai RIP
--	---------------	---------	---

	<i>West Mersea</i>	8.30 am	Private Intention
--	--------------------	---------	-------------------

	<i>Mile End</i>	9.30 am	Parishioners
--	-----------------	---------	--------------

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) and after 5.00pm Mass (Monkwick).
- ❖ Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass. The Mass Intention will be published in the newsletter (available on the parish website or via Facebook or collection from Church).
- ❖ Colchester General Hospital: If you would like to arrange for a priest to visit a Catholic relative in hospital, please contact the presbytery direct on (01206 866317).

- **Cardinal Bourne Hall Bookings:** colchester@dioceseofbrentwood.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to **like & follow** our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest:
Assistant Priest:

Mgr. Christopher Brooks
Fr. Paschal Uche

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317

E-Mail: colchester@dioceseofbrentwood.org

Website: www.stjamesthelessandsthelen.org



St James the Less and St Helen RC Church, Colchester

SEVENTEENTH SUNDAY IN ORDINARY TIME (C)

World Day for Grandparents & The Elderly

WEEK COMMENCING 24th JULY 2022



'Lord teach us to pray ...' In response to this apostolic request, Jesus gave us "the Lord's prayer". There are two versions of the Lord's prayer, the longer version is contained in Matthew 6:9-13 and the shorter version is in today's Gospel, Luke 11:1-4. These two versions are set and share the same catechetical context. This prayer commonly known as *Our Father*, teaches us to call God, *Our Father*, on the strength of our divine filiation that we enjoy by reason of our Baptism. "The Lord's prayer" remains a fundamental prayer for us Christians and it is recited or sung in the public worship of the Church, including at every Mass. This prayer is remarkable for its simplicity and brevity as it touches on the fundamentals and the basic elements of Christian theology. Judging from Jesus's own life, prayer is something we ought to do often, especially at critical moments of our lives. Jesus levelled up the instruction on the Lord's Prayer with a parable on the necessity to persist and persevere in prayer. If a friend who is hesitant to grant a request will do so because of our persistence, how much more will a father give what his son asks, so long as it is for his good? Efficacy of prayer seems to depend on reconciliation of differences. We need to pray with persistency. One reason we don't receive what we want through prayer is that we give up too easily. The most important gift which God who is perfectly good could ever give to us is the gift of the Holy Spirit (the fruits of the Spirit).

Seminarian Moses

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES		
DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 am
DAILY	Morning Prayer	at 9.15 am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
ADORATION & PRAYER	Thursdays	at 7.30 pm



THE POPE'S INTENTIONS FOR JULY: For the Elderly. We pray for the elderly, who represent the roots and memory of a people; may their experience and wisdom help young people to look towards the future with hope and responsibility.

MARRIAGE MATTERS: (Gen 18: 20-32; Colossians 2: 12-24; Luke 11: 1-13) **We are called to trust each other with ourselves.** Trust is the theme for today and as married couples we are called to trust each other enough to become 'two in one flesh'. We need to listen sensitively to one another and to share our innermost thoughts, feelings, hopes, dreams, joys, sorrows, worries and anxieties in such a way that we might both be fully human and fully alive.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Jim Lynas, Maureen R. We pray for all persons who are ill or have contracted Covid-19 and their families.

BUILDING A CULTURE OF LIFE THROUGH PRAYER: The recent decision of the US Supreme Court to overturn the Roe vs Wade judgement and so affirm that the constitution does not confer a right to abortion is momentous and of huge significance. It reflects the prayers, dedicated work and commitment of those who seek to protect women who are pregnant and the unborn child. The Judgement not only calls for reflection in the US, but also for significant reflection in our country as we see again the rising number of abortions in 2021. This is a moment that calls for the building of a culture of life and welcome where all are recognised and treated as a gift. This is the work of the evangelisation of culture. <https://www.cbcew.org.uk/bishop-comments-on-roe-v-wade/>

GENESIS TO JESUS PARISH BIBLE STUDY. A beautiful video presentation, which reveals and unfolds God's saving plan in history as contained in the Sacred Scriptures - God's beautiful and awe-inspiring vision from Genesis to Jesus – **Fridays at 7.30pm** in the Church Crypt at James the Less in Colchester. The course is broken up into 12 parts and each section will be shown every week, same time, same place, lasting roughly 45mins. Each session has its own individual gems if all 12 weeks are impractical to attend. All welcome. For more information and a copy of the study guide please contact Tom Hardy on 07873 545193 or tomo83@yahoo.com. Bring your Bible a at

CHURCH CHOIR: The next Choir Practice will take place next Saturday 30/07/22 at 12.30pm. Please contact Claire for more details on 07482253284. **New Members always welcome.**

WALSINGHAM HOUSE TEAM 2022/23: Just finished A-levels or Uni? Aged 18-22? Interested in working with young people? Join the Walsingham House Team 2022/23 for an amazing Gap Year opportunity starting September 2022. Details on www.bcys.net or contact Joseph Beattie – phone 01277 373959 or email josephbeattie@dioceseofbrentwood.org

BEGINNING EXPERIENCE WEEKEND: If you have suffered a divorce, separation or the death of your partner, a residential weekend to help you to heal will be held from 14th to 16th October 2022 at the Sion Community, Brentwood, Essex. If you would like more details, please ring Freda 01322-838415 or Maura 07795-498445 or email besouthofengland@gmail.com.

ANNUAL PARISH BBQ: We will be hosting the annual Parish **BBQ NEXT SATURDAY 30TH JULY 2022 FROM 2.00PM-5.00PM.** This is a chance to catch up with friends old and new whilst enjoying delicious food hot off the grill! There will be Entertainment & a Raffle. We would be happy to accept donations for Raffle prizes and will need volunteers on the day to help set up and manage the event. Tickets £7.50 Adults; £3.50 Children 6-12yrs; Family Ticket £22.00 (2 Adults + upto 3 children). Please contact Frances on 369568 if you are able to assist on the day. Everyone welcome to this special event!

SAVE THE DATE! Cardinal Bourne Hall will be hosting a **Table Top Sale** on **Saturday 20th August from 10am to 1pm.** There will be a variety of stalls selling Children's & Adults Clothes, Shoes, Toys, Handbags, Books, Cakes and lots more... Everyone is welcome to go along to enjoy the fun and collect a bargain. Tables are still available at £5 a table (*cost of table proceeds will go to Church Funds*), sellers keep their sales proceeds. 01206 866317 or email colchester@dioceseofbrentwood.org

PARISH FETE RAFFLE WINNERS (05/06/22): We still have unclaimed Raffle Prizes from the Parish Fete, collection is from the Presbytery. Prizes not claimed will be donated to the BBQ raffle on 30th July.

SVP CUPPA CLUB: will meet **every Thursday from 10.00am to 11.30am** in the Hall

RIDE & STRIDE: Saturday 10th September 9-5pm. **ENGLISH HERITAGE DAY:** Saturday 17th September 10.30am-5pm

LATE VOCATION TO THE PRIESTHOOD: A vocation discernment weekend for men between the ages of 30 and 55 will take place at St Beuno's in North Wales from Friday 2nd to Sunday 4th September 2022. The direct link for further details and booking: Discernment Weekend <https://www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men-2>

RETREAT FOR YOUNG CATHOLIC ADULTS: During the weekend of the 7th to 9th October 2022, Young Catholic Adults will be running a retreat at Douai Abbey with the Schola Gregoriana of Cambridge who will be holding Gregorian Chant workshops. Theme: "The Communion of Saints' prayer and the veneration of Holy Relics". Prices start from £12 (come for the day) and £55 per person per night (residential). Douai Abbey have requested that everyone books in 3 weeks before the start of the weekend (16/09/22). For More info: <http://youngcatholicadults-latestnews.blogspot.co.uk/> or <http://www.youngcatholicadults.co.uk>. To book go to :- <https://bookwhen.com/youngcatholicadults-douai2022>

BCYS YOUTH GATHER 22nd - 23rd October, Mersea Island Stay in cabins and try a brilliant range of outward-bound activities from climbing high ropes, archery, zip wires and much more to keep you challenged and entertained, with guest speakers and workshops which will give you fresh insights into yourself, and your faith, by telling their stories. Open to all those in years 9 and above, book NOW at www.bcys.net/events

THE 12th ANNUAL GK CHESTERTON PILGRIMAGE will take place this year on the 100th anniversary of GKC being received into the Catholic Church, Saturday 30th July. Please send any prayer requests to; CatholicGKCSociety@yahoo.co.uk or text them to 07795205114. Details of the many different ways in which you can be involved on the day, can be found on our website, www.CatholicGKChestertonSociety.co.uk

CHURCH CLEANING TEAM: Monday 25/07/22: **Team 3** / Monday 01/08/22: **Team 4**
CBH COFFEE MORNING ROTA: 24/07/22: **KSC** / 31/07/22: **Peggy & Anne**



WE PRAY FOR THE PEOPLE OF UKRAINE TODAY. FOR PEACE AND THE LAYING DOWN OF WEAPONS.

