

FIRST SUNDAY OF LENT (A)

Sunday 26th	<i>Monkwick</i>	5.00 pm	Ints: Christina Lambe
	<i>Church</i>	8.00 am	Parishioners
	<i>Church</i>	10.30 am	Anniversary: David Eamonn RIP
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	The Delaney Family
	<i>West Mersea</i>	8.30 am	Private Intention
	<i>Mile End</i>	9.30 am	Ronny Larkin RIP
Monday 27th			Feria
	<i>Church</i>	9.30 am	Tony Bairstow RIP
	<i>Church</i>	12.00 pm	FUNERAL MASS: Michael John Taylor RIP
Tuesday 28th			Feria
	<i>Church</i>	9.30 am	Mrs. Margaret Barker RIP
Wednesday 1st March			ST DAVID, Bp, Patron of Wales
	<i>Church</i>	9.30 am	Thanksgiving (SF)
Thursday 2nd			Feria
	<i>Church</i>	9.30 am	Ints: Joe + Ray Canty + Fam
Friday 3rd			Feria Lenten Fast Day + Women's World Day of Prayer
	<i>Church</i>	9.30 am	Mr. Sean McArdle RIP
	<i>Church</i>	12.30 pm	STATIONS OF THE CROSS
Saturday 4th			Feria
	<i>Church</i>	9.30 am	Private Intention (M)
SECOND SUNDAY OF LENT (A)			
Sunday 5th	<i>Monkwick</i>	5.00 pm	Ted Wilding + Maria Lumsden RIP
	<i>Church</i>	8.00 am	Anniversary: Jose Vadakepeepika EIP
	<i>Church</i>	10.30 am	Mr. Elvis C. Amadi RIP
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	4.00 pm	Filipino Mass
	<i>Church</i>	6.30 pm	Tom Regan RIP
	<i>West Mersea</i>	8.30 am	Private Intention
	<i>Mile End</i>	9.30 am	Parishioners

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) and after 5.00pm Mass (Monkwick).
- ❖ Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass. The Mass Intention will be published in the newsletter (available on the parish website or via Facebook or collection from Church).

- **Cardinal Bourne Hall Enquiries/Bookings:** colchester@dioceseofbrentwood.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to **like** & **follow** our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest:
Assistant Priest:

Mgr. Christopher Brooks
Fr. Paschal Uche

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317

E-Mail : colchester@dioceseofbrentwood.org

Website: www.stjamesthelessandstheleen.org



St James the Less and St Helen RC Church, Colchester



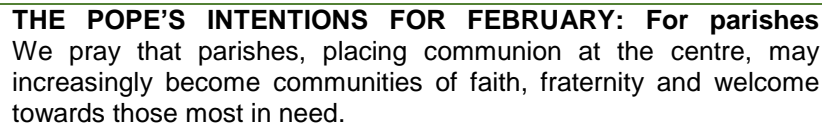
FIRST SUNDAY OF LENT (A)

Week Commencing 26th February 2023

You are dust and to dust you shall return. With these words your head was marked with ashes and we began the great campaign of Lent. In these short words spoken first to our first parents a twofold truth is captured. Firstly, "You are dust", apart from God all life is vanity. Secondly, "to dust you shall return", apart from God all life returns to nothing. The absolute certainty of death relatives the uncertainty of everything else. Death stops everyone in their tracks literally! But this is not the end and thanks be to God Easter has changed everything! We begin this most intense period of preparation to enter the good news by remembering the inescapable reality of the bad news. Namely, we are not only dust destined for dust, we are so because we freely chose to be so through sin. During this period we are repenting of our sin and turning back towards God, who in his mercy and love took on the dust that is us and became one of us to save all of us. During lent we remember that God made us without us but he will not save us without us. We have a life-changing role to play in the mystery of our own salvation. A mystery we embrace very intentionally through prayer, fasting and almsgiving. May the reality of our nothingness and sin move us to new repentance and dependence on God this lent, who invites us in his mercy to eternal life.

Fr. Paschal

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES		
DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 am
DAILY	Morning Prayer	at 9.15 am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
* ADORATION & PRAYER	Thursdays	at 7.30 pm



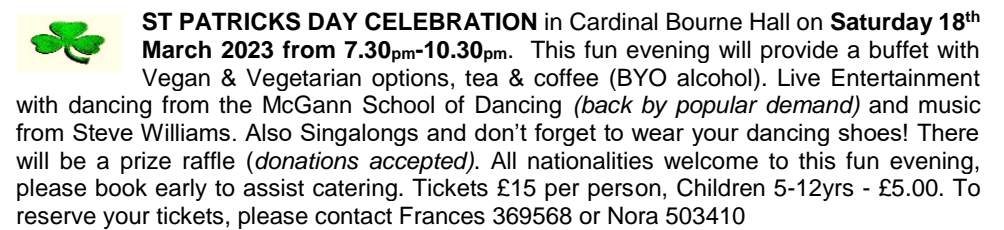
God of hope and mercy, protect all who are in any form of danger; provide practical help to those in need; strengthen the weary, console the grieving, heal the suffering; and bless those engaged in disaster relief efforts with safety and courage. Amen.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Joyce Wrobel, Ron & Margaret Griffin, Darline + Peter Wyatt, Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Jim Lynas, Maureen R. We continue to pray for all persons who are ill or are in need.

NEXT 2nd COLLECTIONS: There will be 2nd collections taken for CAFOD on **5th March** for Lent Fast Day (*Friday 3rd March*). This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Please join us in praying for CAFOD's development and emergency response work all over the world. Donation envelopes available in church porch.

***ADORATION & PRAYER Thursday 2nd March:** to deepen our prayers in Lent, please meet in the Crypt at **7.30pm** and reflect on the three most familiar: Our Father, Hail Mary and Glory Be. Afterwards in Church.

POLISH STATIONS OF CROSS: This will take place every Tuesday at 6.30pm in Church apart from Tuesday 28th March which will be held at Monkwick.



ST TERESA'S, LEXDEN: Will be screening *'The Letter'* on **Friday 3rd March**, as part of Friday Night Cinema in the Church Hall at **7.00pm**. *'The Letter'*, an 80-minute film inspired by Pope Francis' *Laudato Si* encyclical. Make a note of the date and think about inviting non-Catholic friends to 'come and see' because his letter was addressed to the whole world.

THE CANONESSSES OF THE HOLY SEPULCHRE invite you to join them for a talk by Bishop Guli Francis-Dehqani (Bishop of Chelmsford) entitled *'Listening to God'*. This is an in-person event being held at New Hall School on **Tuesday 21st March at 6.30 –7.30pm**. All welcome. Refreshments from 6pm. For details and to reserve your place please go to: <https://canonesses.co.uk/event/do-you-hear-what-i-hear-listening-to-god/>

UKRAINIAN EMERGENCY WINTER APPEAL: Ukrainians remain resilient despite the circumstances of the war, but they are in the throes of a harsh winter. For that reason, a new Emergency Winter Appeal was launched to provide food packages for the most vulnerable on the frontlines and in recently liberated regions in East and South Ukraine, which is suffering from a severe humanitarian crisis. The cost of one food parcel, providing enough food for two people for a week costs approximately £16. Each package contains the basics (grains, flour, pasta, meat and fish preserves, oil, canned vegetables, sugar, tea coffee, biscuits, etc.) It is hoped that £160,000 can be raised to allow the supply of 10,000 food parcels to those most in need and I ask that you and your parishioners will consider supporting this Emergency Winter Appeal. Funds can be remitted to: **Account Name: Ukrainian Catholic Church Central Fund Account Number: 20927317. Sort Code: 20-92-60** Or by cheques made payable to **Ukrainian Catholic Church** referencing *Winter Appeal* in both cases. The address for cheques is Ukrainian Catholic Church in Great Britain, 22 Binney Street, London, W1K 5BQ

CHURCH CLEANING TEAM: Thursday 02/03/23: **Team 1**/ Monday 06/03/23: **Team 2**
CBH COFFEE MORNING: 26/02/23: **SVP** / 05/03/23: **Matthew + Mariamma**