PENTECOST SUNDAY (A)			Day of Prayer for the Church	
Saturday 27 th	Monkwick	5.00 pm	Mrs. Jessie Mark	
Sunday 28 th	Church	8.00 pm	Thanksgiving	
Confirmation Mass	Church	10.30 am	CONFIRMANDI	
	Church	2.00 am	Polish Mass	
	Church	6.30 pm	Parishioners	
	West Mersea	8.30 am	Holy Souls	
	Mile End	9.30 am	Vivien Clancy RIP	
Monday 29th			Mary, Mother of the Church	
-	Church	9.30 am	Elizabeth Neh Atang RIP	
Tuesday 30th			THE VISITATION OF THE BLESSED VIRGIN MARY	
	Church	$9.30 \ \text{am}$	Ints: Mary Balaque	
Wednesday 31s	st		DEDICATION OF THE CATHEDRAL CHURCH OF ST ST HELEN, BRENTWOOD	
	Church	$9.30 \ \text{am}$	Michael Treby RIP	
Thursday 1st			OUR LORD JESUS CHRIST THE ETERNAL HIGH PRIEST	
	Church	9.30 am	Robin Rennie RIP	
Friday 2 nd			Feria	
	Church	9.30 am	Henry Stewart	
Saturday 3 rd			St Charles Lwanga & Comps, Mm	
	Church	9.30 am	Gavin Harris RIP	
THE MOST HOLY TRINITY (A)				
Saturday 3 rd	Monkwick	5.00 pm	Robert Bradshaw RIP	
Sunday 4 th	Church	8.00 am	Private Intention	
	Church	10.30 am	Cyril Fuller RIP	
	Church	2.00 pm	Polish Mass	
	Church	$4.00 \; \text{pm}$	Filipino Mass	
	Church	$6.30 \; pm$	Ints: Brown Family	
	West Mersea	$8.30 \ \text{am}$	Parishioners	
	Mile End	9.30 am	John Mauger + Maria Tinneveld RIP	

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- Sacrament of Reconciliation (Confession) Saturdays after 9.30_{am} Mass (Priory Street) and after 5.00_{pm} Mass (Monkwick).
- Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door. A suggested minimum stipend is £10 per Mass.
- > Cardinal Bourne Hall Enquiries/Bookings: colchester@brcdt.org

> SVP (St Vincent de Paul Society):Tel: 07493 439427/email: colchestersvp@gmail.com

Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like & follow our page

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Mgr. Christopher Brooks
Assistant Priest: Fr. Paschal Uche

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317 E-Mail: colchester@brcdt.org

Website: www.stjamesthelessandsthelen.org

St James the Less and St Helen RC Church, Colchester

PENTECOST SUNDAY

Day of Prayer for the ChurchWeek Commencing 28th May 2023



Happy Birthday! It's Pentecost the birthday of the Church. Whilst the Jewish feast was to remind the people of the giving and writing on stone of the ten commandments upon Mount Sinai, Pentecost in the Christian dispensation celebrates the descent of the Holy Spirit from God's dwelling place to write a new law, no longer on tablets of stone but on the hearts of believers. Just as a Body without a soul has no life so to does the Church remain lifeless without the Holy Spirit, The Holy Spirit is the soul of the Church! On this great feast 16 of our young people will receive this fresh and full outpouring of the Holy Spirit to complete in them what God began at their Baptism's they will be made full Christians, soldiers of Christ and witnesses to his love. The Holy Spirit is the sweet guest of the soul. He comes to us completely unmerited at our baptism to transform us, renewed in our confirmation and with our cooperation, we are transformed in to God as we journey back to God. Every Sacramental encounter is a mini Pentecost a transforming moment to be refocused, refreshed and renewed. Come Holy Spirit and fill the hearts of the faithful, enkindle in them the fire of your love.

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 _{am}
DAILY	Morning Prayer	at 9.15 _{am}
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
ADORATION & PRAYER	Thursdays	at 7.30 pm



THE POPE'S INTENTIONS FOR JUNE: For the abolition of torture We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

MARRIAGE MATTERS: (Acts 2:1-11 1 Corinthians 12:3-7, 12-13 John 20:19-23) *The Spirit works in all sorts of different ways.* Years ago, on a Marriage Encounter weekend, we had a real experience of the Spirit working "in all sorts of different ways in different people", not in Church documents, but in real life. We were like the disciples at Pentecost, "filled with joy when they saw the Lord", and we heard our own native language, deep inside each of us.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Diana Irven, Mrs. Maureen McKenna, Joyce Wrobel, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Maureen R. We continue to pray for all persons who are ill or are in need.

RECENTLY DECEASED: Please pray for the repose of the soul of John James (Jim) Lynas who has recently passed away. The parish community offers his family and friends our condolences and the assurance of our prayers at this most difficult time. The funeral service for John (Jim) will take place on Friday 30th June at 10.30_{am}. Please note that the funeral service for Moya Alefounder will now take place at Potters Bar.

CONFIRMATION: Our sincere congratulations to our young people who are receiving the Sacrament of Confirmation today. We also extend our gratitude to our Confirmation Team who helped to prepare these young people + the floral team for the beautiful church flowers.

NEXT DIOCESAN 2nd COLLECTION: There will be a 2nd collection taken for **the Sick & Retired Clergy Fund** on Sunday 11th June. The Sick & Retired Clergy Fund is part of the Diocesan Charity, which helps and supports our retired and sick clergy.

SAVE THE DATE: 23'd July 2023 at 4.30_{pm.} Fr Chris' Ruby (40 years) Jubilee of Ordination, Mass and celebration afterwards. Further details to follow in due course.

NEXT RCIA COURSE (Rite of Christian Initiation of Adults): Journey in Faith or RCIA is the process developed by the Catholic Church for those who are interested in finding out more about the Catholic Faith, teachings and practices with a view to becoming Catholics, or for those who have a background in the Catholic Faith but who have not yet been confirmed, or for anyone who wants to refresh their knowledge of the Catholic Faith. An initial meeting will be held on Wednesday 5th July at 7.30_{pm} in the Presbytery. If you are interested in attending this or would like to take part in the course but unable to make this date – please send us an email with your name, contact number to register your interest.

BISHOP ALAN WOULD LOVE TO HEAR FROM YOU! Do you, or someone you know, no longer go to Mass or feel that you belong in the Church? Bishop Alan would love to hear your story and listen to your experience, please take a card from porch or click on the link: https://cambridge.eu.gualtrics.com/ife/form/SV_9Gn08WXvvKfwJts for more info.

REPOSITORY: We have a new selection of Confirmation & Holy Communion cards for sale.

RED MISSIO BOXES: Please remember to collect your emptied "Red Boxes" from the Presbytery. Thank you.

FREE, FAITHFUL AND FRUITFUL: A talk on marital love, natural family planning and a flourishing family on **Saturday 10th June** in Cardinal Bourne Hall. Guest speaker Fr Matthew and his wife Dr. Lucy. Join us for two 30-minute talks at **1.30_{pm}-3.30_{pm}** (concluding with Q&A) and a glass of wine whilst the children are entertained in an adjacent room. Contact Julia 07854296437.

GARDENING VOLUNTEERS NEEDED! We are looking for more gardening volunteers to maintain the Church courtyard and front gardens. The Outdoor Garden Ministry is a great way to serve God, and contribute to the beauty of our church as well as being therapeutic, stress relieving and a fun way to meet other like-minded people. If you would like to volunteer, please call the presbytery on 01206 866317.

MARRIAGE & FAMILY LIFE: Bishop Alan will be celebrating the annual Mass of Thanksgiving for Marriage and Family Life in the Cathedral on Saturday 15th July at 3.00_{pm}, followed by a reception in the hall. If you are recently married or preparing for marriage or celebrating a significant wedding anniversary, please let Fr Chris know that you would like to attend this event.

CUPPA CLUB: We meet every **Thursday from 10.00**_{am} **to 11.30**_{am} in the Hall. Newcomers always welcome!

SONGS OF PRAISE IS COMING TO COLCHESTER'S CASTLE PARK BANDSTAND: on Saturday 10^{th} June at Castle Park Bandstand, Upper Park, Castle Park from $1:30_{pm}$ – $4:30_{pm}$. The Songs of Praise Team invite you to join in. There will be singing of some family favourite hymns, conducted by Ken Burton and accompanied by a brass quintet. All tickets are free of charge. To get your free tickets, please contact SOPcongregations@afantimedia.tv with your name, contact phone number and the number of tickets you'd like. Please be sure to include 'Songs of Praise Colchester' in your subject header. Alternatively, you can call 07734 030 888 to book your tickets.

CARITAS BRENTWOOD: Interested in the Catholic response to homelessness, welcoming refugees and migrants, assisting with the cost-of-living crisis, or tackling the causes and effects of climate change? The 1st Caritas Brentwood networking day is on **Saturday 10th June from 10.00**_{am} - **2.30**_{pm} at Sacred Heart of Mary School, Upminster. Visit www.caritasbrentwood.org/network

MASS FOR THE ALTAR SERVERS OF THE DIOCESE OF BRENTWOOD: The forthcoming mass for the altar servers of the diocese of Brentwood, with The Right Reverend Alan Williams Bishop of Brentwood will take place on Saturday 10th June 2023 at 2:00_{pm} at the Cathedral Church of St Mary & St Helen, Brentwood.

BCYS YOUTH MASS, 1st June at Brentwood Cathedral: In the Brentwood Cathedral Parish Hall from 6_{pm}, there will be pizza and refreshments available, with the Cathedral open for quiet prayer, music and reflection. Join us for as long or short a time as you wish to enjoy the peace of the Cathedral before we celebrate Mass with Fr Michael at 7:30_{pm}. Anyone who wishes is very welcome to bring instruments or sing with our Youth led music group, or if you would like to serve, read, or be involved in the Mass in any way you would be incredibly welcome!

CALAIS LIGHT the refugee charity, invites you to join their 7-9th July convoy & help refugees directly by volunteering with the NGOs that support them. It's their 23rd trip and volunteers, experienced continental drivers (& cars) are urgently needed. Everything is booked for you - £95 all in.. To register: www.calaislight.com

CHURCH CLEANING TEAM: Monday 29/05/23: Team 2 / Monday 05/06/23: Team 3 CBH COFFEE MORNING: 28/05/23: Yolande + 1 / 04/06/23: SVP