

TWENTY-SIXTH SUNDAY IN ORDINARY TIME [B]

Saturday 29th	6.15 pm	Padraig Mulrennan RIP
Sunday 30th	8:00 am	Parishioners
	10:30 am	People + Gov. of Nigeria
	2:00 pm	Polish Mass
	6:30 pm	Ints: Pace & Angus Family
<i>West Mersea</i>	8:30 am	Ints: Deceased Relatives of Rafferty Family
<i>Mile End</i>	9:15 am	
<i>Monkwick</i>	10:15 am	Veronica Smith RIP

Monday 1st October		MONDAY - St Therese of Liseux
<i>Church</i>	9.30 am	Anne Barry RIP
Tuesday 2nd		TUESDAY - The Holy Guardian Angels
<i>Church</i>	9.30 am	Ints: Tom McElroy & Maureen
Wednesday 3rd		WEDNESDAY - Feria
<i>Church</i>	9.30 am	Ints: Nancy Markham
Thursday 4th		THURSDAY - St Francis of Assisi
<i>Church</i>	9.30 am	J. J. Boggan RIP & Fams
Friday 5th		FRIDAY - Harvest Fast Day
<i>Church</i>	9:30 am	D. Moore RIP & Fams
Saturday 6th		SATURDAY - Feria
<i>Church</i>	9.30 am	Ints: Richard Berry & Rose Murphy

TWENTY-SEVENTH SUNDAY IN ORDINARY TIME [B]

Saturday 6th	6.15 pm	
Sunday 7th	8:00 am	Parishioners
	10:30 am	Ints: Sister Lily McNamara (Friends of Peru)
	2:00 pm	Polish Mass
	4.00 pm	Filipino Mass
	6:30 pm	
<i>West Mersea</i>	8:30 am	
<i>Mile End</i>	9:15 am	
<i>Monkwick</i>	10:15 am	Joseph Hawken RIP

SACRAMENT OF RECONCILIATION (confession): Saturday 9:45am - 10:30am; 5:30pm - 6.00pm
SACRAMENT OF MARRIAGE: At least six months' notice is required
BAPTISM COURSE: www.stjamesthelessandsthelen.org under events where a list of course dates are available

COLCHESTER GENERAL HOSPITAL: If you would like to arrange for a priest to visit a Catholic relative in hospital please contact the presbytery direct on (01206) 866317, we can also arrange for a Eucharistic Minister to visit the patient so that they may receive Holy Communion if they do not require a priest visit or are long term in-patients.

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK



Parish Priest:	Mgr. Christopher Brooks
Assistant Priest:	Fr. John Victor Drabeesan
Assistant Priest:	Fr. Philip Willenbrock
Deacon:	Gary Dench

Address: 51 Priory Street, Colchester, Essex, CO1 2QB
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Website: www.stjamesthelessandsthelen.org

TWENTY- SIXTH SUNDAY IN ORDINARY TIME [B]
WEEK COMMENCING: 30THSEPTEMBER 2018 - PARISH MASS BOOK PAGE 138

What is it which is holding us back in the spiritual life? A long time ago I remember hearing an amusing reflection on this Sunday's Gospel. It was quite clear that if our right hand caused us to sin, that we should cut it off. The question was this: *'Well, what if our left hand were then to cause me to sin as well? What could we cut it with?'* The memorable image is typical of the style that Jesus uses in his preaching to get his audience to remember his point. And His point is the question which opens this little reflection. What is it that is holding us back in our spiritual lives? For some, it is a sharp tongue. For others it is a love of material things, which St James writes about in the Second Reading. For others still, it might be pride, like the Apostles today who object to somebody else performing miracles. It does not really matter what our spiritual struggles are, but we are encouraged to name them and to tackle them head on, strengthened by the knowledge that *'the precepts of the Lord gladden the heart.'*

Deacon Gary

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY	Morning Prayer	8:30am
DAILY	Rosary/Divine Mercy	8:50am
SUNDAYS:	Rosary/Divine Mercy	<i>following</i> 8.00am Mass
2 nd SUNDAY MONTHLY	Eucharistic Adoration	5.00pm-6.00pm
CHRISTIAN MEDITATION	Tuesdays in Crypt	8.00pm

THE HOLY FATHER'S INTENTIONS FOR OCTOBER: Please join with Pope Francis in praying for **The Mission of Religious** - That consecrated religious men and women may bestir themselves, and be present among the poor, the marginalized, and those who have no voice.

PRAYERS FOR THE SICK: Please remember in your prayers, Nicollas and Adam Campbell-Vencarto, Pat Keene, Venetia Hetherington, Elizabeth Pace, Vicky Culham, Peter Ledgley

NEXT DIOCESAN SECOND COLLECTION: Harvest Day (CAFOD) on Sunday 7th October.

BAPTISM THIS WEEKEND: We welcome into the church through the Sacrament of Baptism Elliott. God bless this child and congratulations to his family.

FIRST HOLY COMMUNION 2018/2019: Dates have now been agreed and the Programme will start in November. The parish offers this course for young people in school year 3 and above. Information packs are available at the back of church. For further information contact Hywel and Pam Edwards via prioryst_fhc@btinternet.com or 01206 867325.

BAPTISM COURSE FOR OLDER CHILDREN AGED 7yrs-15yrs will commence on **Thursday 11th October at 4pm** in the Crypt (Entrance via church). Course runs for 8 consecutive Thursdays

RITE OF CHRISTIAN INITIATION OF ADULTS [RCIA]: Journey in Faith or RCIA is the process developed by the Catholic Church for those who are interested in finding out more about the Catholic Faith, teachings and practices with a view to becoming Catholics, or for those who have a background in the Catholic Faith but who have not yet been confirmed, or for anyone who wants to refresh their knowledge of the Catholic Faith. Sessions are held weekly on a Thursday evening from **7pm to 8.30pm** in the Crypt of the church and they will run from **4th October** until Easter. To register your interest please, give your name and contact details to one of the priests or contact Cathy O'Connor 01206 735623 cathy@dioceseofbrentwood.org

STEWARDS OF THE GOSPEL: If you would like to help the current Stewards of the Gospel or just know more about their task, there are a series of events over the next 9 months. Please look on the parish Website or contact Jane Hargreaves; 01206 734241 ; jmowens@doctors.org.uk

INTERESTED IN CATECHESIS - If you are interested in helping on the various sacramental preparation courses available in the parish why not have a chat with the existing teams? Members of the Baptism, First Reconciliation, First Communion and Confirmation teams will be available in the crypt after Mass on **Sunday 7th October** - no pressure, we'll even buy you a coffee or tea! If you can't make it see Hywel Edwards after the 10:30 Mass any week.

FLAME 2019: we are taking this year's confirmation group to this superb youth event on the **2nd March 2019**. Last years confirmed are also welcome. We need to know you are coming so we can secure the tickets at £20 each. Email Andrew: Andrew.johnson@uwclub.net ASAP.

MILE END NEWS: The next Coffee Morning is on **7th October** after the 9:15am Mass at St Joseph's will be held at the Dog & Pheasant – All are most welcome.

MERSEA NEWS: The next Coffee Morning will be held on **Tuesday 9th October from 10.30am**

til **12.30pm** at the home of Pauline Aspinall, 5 Prince Albert Road. All are most welcome

MONASTIC SISTERS CHOIR of ST. ELISABETH CONVENT, BELARUS (UK Charitable tour): titled "*Sing to the Lord, All Earth*", on **Friday 5th October**; concert start time **7pm**. The programme for each concert is presented in two sections. The 1st part consists of church hymns based on ancient chants. The 2nd part follows up with well-known and popular church songs and canticles, the beauty and wisdom of which lies in their simplicity and uniqueness led by choir master Sister Iuliania (Denisova) author of more than 150 church songs and chants, harmonisations and variations. No ticket fee only a voluntary donation with all proceeds from the concerts going to support the various social projects of the Convent. Please join us for this special event.

AFTERNOON TEA & CHILDRENS FESTIVAL OF DANCE: in Cardinal Bourne Hall on **Saturday 6th October from 3-5pm**. Food and a raffle. Tickets are now available from Norah (01206) 503410 or Frances (01206) 369568 please book early to assist catering - Adults £6 / Children under 12yrs £3. All are most welcome.

COLCHESTER CATHOLIC HERITAGE GROUP: Would like to thank everyone who participated in the English Heritage weekends and Ride & Stride event –They were all great a success.

HOLY HOUR: Will be held at St James the Less and St Helen on **Wednesday 24th October at 7.30pm** to pray for vocations to the priesthood and the religious life. This year the Vocations office have planned to pray for vocations in all 12 deaneries within the Diocese, one for every month in 2018. All are welcome whether you are discerning a vocation to the priesthood or want to pray for those who are. This event will include a testimony from Mgr. John Armitage who was the Vicar General of this diocese and is now Rector to the Shrine of Our Lady of Walsingham in Norfolk.

CHRISTMAS MARKET: A meeting will be held on **7th October** after 10.30am mass in Cardinal Bourne Hall to discuss this event, or for further information contact Norah (01206) 503410 or Frances (01206) 369568. All are welcome.

MARRIAGE & FAMILY LIFE: *Beginning Experience* from **5th to 7th October 2018**. There is a healing weekend for men and women who find themselves single again following separation, divorce or the death of a partner at the Domus Mariae Centre, Chigwell, Essex. For details please contact Freda 01322-838415 or Sandra 01293-783965 or email johnbrotherton@hotmail.co.uk

THURSDAY SOCIAL GROUP: Please note that this group is no longer running due to lack of attendance.

WHO IS MY NEIGHBOUR? *A question which is at the heart of the Christian gospel and the charism of the Community.* The Canonesses of the Holy Sepulchre invite you to a talk by the Right Reverend Roger Morris (Area Bishop of Colchester) on **Sunday, 7th October 2018** at 2.45pm for 3pm at New Hall Preparatory School, CM3 3HS. To book a free place go to our website: <http://www.canonesses.co.uk/event-bookings/> or call 01206 867296 ALL WELCOME!

CARDINAL BOURNE HALL PARKING: Please **DO NOT** park in front or to the side of Cardinal Bourne Hall as per our Health & Safety regulations. This is the fire escape route & meeting point and must be kept clear at all times!

SVP (St Vincent de Paul Society): Telephone number - 07493 439427.

CARDINAL BOURNE HALL BOOKINGS: cb.hall@btinternet.com or Tel: 07758 805263 [*answerphone only* – please leave a message]

CHURCH CLEANERS' ROTA: Thursday 4th October 2018: Team 1.